# Beachin' (P)



编舞者: Jill Weiss (USA) & Kevin Fritch - May 2014 音乐: Beachin' - Jake Owen: (Album: Days of Gold)



Intro 16 counts from where the band starts Start in Sweetheart Position, facing down line of dance Both partners, same steps

### WALK, SYNC. ROCKING CHAIR, ½ PIVOT TURN, ½ SHUFFLE TURN (1 FULL TURN)

1-2-3&4& Walk R, L, rock forward on R, recover L, rock back on R, recover L

5-6-7&8 Step R forward, drop left hands, pivot ½ turn left stepping left, right hands pass over woman's

head, rejoin left hands, drop right hands continue ½ turn left shuffling R-L-R, left hands pass

over man's head, rejoin hands (end facing down line of dance)

## ROCK BACK, SHUFFLE 1/4 TURN RIGHT, ROCK BACK, SIDE SHUFFLE

1-2-3&4 Rock back on left, recover right, shuffle LRL making ¼ turn right (outside line of dance)

5-6-7&8 Rock back on right, recover to left, side shuffle R L R (outside line of dance)

### HIP BUMPS, 1/4 TURN WITH HOOK, SHUFFLE, ROCK AND TURN 1/2 LEFT

1-2 Hip bumps L and R

3&4 Hip bumps L and R, bump L while turning ¼ R and hooking R foot in front of L leg (opposite

line of dance)

5&6 Shuffle forward R L R

7&8 Rock L forward, recover to R, step left turning ½ left over left shoulder to face down line of

dance

## SHUFFLE FORWARD DOWN LINE OF DANCE

1&2 Shuffle forward R L R3&4 Shuffle forward L R L

5-8 Repeat

Contact: jill@freespindance.com