

To The Wire

拍数: 64 墙数: 4 级数: Beginner
编舞者: Chris Cleevely (UK) - May 2014
音乐: The Wire - HAIM : (Album: Days Are Gone - Single - iTunes.)



16 Count Intro.

Section 1 (Counts 1 – 8)

Grapevine R Clap; Grapevine L Clap

1 - 2 Step R to R side, cross L behind R
3 - 4 Step R to R Side, touch L toe beside R & clap
5 - 6 Step L to L side, cross R behind L
7 - 8 Step L to L side, touch R toe beside L & clap

Section 2 (Counts 9 – 16)

Rock Forward R, Recover L; Walk Back R, L; Rock Back R, recover L; Walk forward R, L

1 - 2 Rock forward R, recover weight on L
3 - 4 Walk back R, walk back L
5 - 6 Rock back R, recover weight on L
7 - 8 Walk forward R, walk forward L

****Restart dance here during wall 5 (facing 12 o'clock)****

Section 3 (Counts 17 – 24)

Point R Toe out, in, out, Step R Back; Point L Toe out, in, out, Step L Back

1 - 2 Point R toe out to R side, touch R toe beside L
3 - 4 Point R toe out to R side, step back on R
5 - 6 Point L toe out to L side, touch L toes beside R
7 - 8 Point L toe out to L side, step back on L

Section 4 (Counts 25 – 32)

2 x 1/8 Turns L, Jazz Box

1 - 2 Step pivot 1/8 turn L (weight on L)
3 - 4 Step pivot 1/8 turn L (weight on L) (9 o'clock)
5 - 6 Cross R over L, step back on L
7 - 8 Step R to R side, step L beside R

Section 5 (Counts 33 – 40)

Hip Bumps R/L/R, Touch; L Rocking Chair

1 - 2 On R diagonal, bump hips to the R, bump hips to the L
3 - 4 Bump hips to the R, touch L toe beside R
5 - 6 Rock forward L, recover weight on R
7 - 8 Rock back L, recover weight on R

Section 6 (Counts 41 – 48)

Hip Bumps L/R/L, Touch; R Rocking Chair

1 - 2 On L diagonal, bump hips to the L, bump hips to the R
3 - 4 Bump hips to the L, touch R toes beside L
5 - 6 Rock forward R, recover weight on L
7 - 8 Rock back R, recover weight on L

Section 7 (Counts 49 – 56)

Step Forward R, Point L; Step Back L, Point R; Slow Coaster Step, Touch

1 - 2 Step forward R, point L toe to L side

- 3 - 4 Step back on L, point R toe to R side
- 5 - 6 Step back on R, step L beside R
- 7 - 8 Step forward on R, touch L toe beside R

Section 8 (Counts 57 – 64)

L Heel, Toe; L Heel, Step; R Heel, Toe; R Heel, Toe

- 1 - 2 Present L heel forward, touch L toe beside R
- 3 - 4 Present L heel forward, step L beside R
- 5 - 6 Present R heel forward, touch R toe beside L
- 7 - 8 Present R heel forward, touch R toe beside L

****1 Restart during wall 5 – dance first 16 counts (facing 12 o'clock)****

Ending: Dance up to and including count 48 (3 o'clock) then ¼ turn L to the front.

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