

Undo

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Kim Liebsch (DK) - May 2014
音乐: Undo - Sanna Nielsen : (Eurovision song contest)



Intro: 16 counts after 1st beat (appr. 8 sec.) - Start with weight on R foot

#1 section □ Step, step turn step, step turn step, full turn step, full turn X 2 □

- 1&2&3 Step fw. on L, step fw on R make ½ turn L stepping fw. on L, step fw. on R, step fw. on L □ 6:00
- 8&4 Make ½ turn R stepping fw. on R, step fw. on L, make ½ turn L stepping back on R □ 6:00
- 5-6 Make ½ turn L stepping fw. on L, step fw. on R □ 12:00
- 7&8& Make ½ turn L stepping fw. on L, make ½ turn L stepping back on R, make ½ turn L stepping fw. on L, make ½ turn L stepping back on R □ 12:00

#2 section □ Step back with sweep, behind side cross, behind ¼ turn, prissy walk, step turn, step turn □

- 1-2&3 Step back on L while sweeping R, step R behind L, step L to L side, cross R over L □ 12:00
- 4&5 Recover on L, make ¼ turn R stepping fw. on R, step fw. on L □ 3:00
- 6 Step fw. on R □ 3:00
- 7&8& Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L, make ½ turn L stepping back on R □ 3:00

#3 section □ 2 X basic, back rock, step turn point, drag together □

- 1-2&3 Step L to L side, close R behind L, cross L over R, step R to R side □ 3:00
- 4&5 Close L behind R, cross R over L, step L to L side □ □ 3:00
- 6& Rock back on R, recover on L □ 3:00
- 7&8& Step fw. on R, make ½ turn L stepping fw. on L, point R to R side while slightly bending L knee, drag R next to L and put weight on R* □ 9:00

#4 section □ Step, rock point, sailor ½ turn, ½ turn, step turn X 2, step □

- 1-2&3 Step fw. on L, rock fw. on R, recover on L, point R to R side □ 9:00
- 4&5 Sweep/cross R behind L, ½ turn R stepping L to L side, step fw. on R □ 3:00
- 6&7 Make ½ turn L stepping fw. on L, step fw. on R, make ½ turn L stepping fw. on L □ 3:00
- &8& Step fw. on R, make ½ turn L stepping fw. on L, step fw. on R □ 9:00

Restart: On wall 3 after 24 counts*

2 tags: 1st Tag after wall 1 (2 counts)

2nd Tag on wall 5 after 8 counts (2 counts)

Point, drag

- 1-2 Point L to L side while slightly bending R knee, drag L next to R

Good Luck & N' joy!