

Cry To Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Beginner / Improver
编舞者: Helaine Norman (USA) - May 2014
音乐: Cry to Me - Solomon Burke : (Album: OST - Dirty Dancing)



Intro: 16 counts

Note: This dance can be done as a 4-wall dance. See Option in Section III, 1-4.

I. Rock, Recover, Triple; Rock, Recover, Triple

1-2 Rock R forward, recover to L,
3&4 Step R back, step L together, step R back
5-6 Rock L back, recover to R
7&8 Step L forward, R together, step L forward

II. Forward, Touch together-side-together; Forward, Touch together-side-together

1 Step R forward
2-3-4 Touch L together, touch L side, touch L together
5 Step L forward
6-7-8 Touch R together, touch R side, touch R together

Optional styling: On count 1 lead the step forward with R hip and shoulder to face 11:30. On count 5 lead with the L step forward with L hip and shoulder facing 1:30.

III. Jazz Box 1/2 R Turn; Side Mambos X 2

1-2 Step R over, step L back making 1/4 turn right (3:00)
3-4 Step R side making 1/4 turn right (6:00), step L over
5&6 Rock R side, recover on L, step R beside
7&8 Rock L side, recover on R, step L beside

Optional for 1-4: Jazz Box 1/4 R turn (making the dance a 4 wall instead of 2 wall)

IV. Over, Side, Sailor; Over, Side, Sailor

1-2 Step R over, step L side
3&4 Step R behind, step L side, step R side
5-6 Step L over, step R side
7&8 Step L behind R, step L side, step R side

REPEAT

Contact: helaine43@gmail.com

Last Update: 30 Jun 2023