

Ring My Bells

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Julia Wetzel (USA) - May 2014
音乐: Ring My Bells - Enrique Iglesias : (Album: Insomniac - 3:55)



Intro: 32 counts from start of vocals, approx. 41 sec. into track (or 18 sec. for Short Intro Version)

[1 – 8] □ Side, Hold, Back Rock, ¼ Side, Hold, Back Rock □

1-4 Step R to right side (1), Hold (2), Rock L behind R (3), Recover on R (4) □ 12:00
5-8 ¼ Turn right step L to left side (5), Hold (6), Rock R behind L (7), Recover on L (8) □ 3:00

[9 - 16] □ Side, Drag ¼, Step, ½ Back, Back, Touch, Ball, Walk, Walk □

1 2 Step R to right side (1), Drag L to R and make ¼ turn right on R touching L next to R (2)
 □ 6:00
3 4 Step L fw (3), ½ Turn left step back on R (4) □ 12:00
5, 6& Step back on L (5), Touch R toe in front of L (6), Step ball of R next to L (&) □ 12:00
7 8 Step L fw (7), Step R fw (8) □ 12:00

[17 - 24] □ ¾ Spiral Sweep, Back Rock, ¾ Spiral, Walk, Walk □

1 2 Step L fw and make ¾ spiral turn right on L sweeping R from front to back (1-2) □ 9:00
3 4 Rock R behind L (3), Recover on L (4) □ 9:00
5 6 Step R to right side and make ¾ spiral turn left on R draping L in front of R (5-6) □ 12:00
7 8 Step L fw (7), Step R fw (8) □ 12:00

[25 - 33] □ Step, Hold, Step, ½ Pivot, ¼ Side, Hold, Ball, Side, Cross, Side, 1/8 Together □

1-4 Step L fw (1), Hold (2), Step R fw (3), Pivot ½ turn left step fw on L (4) □ 6:00
5, 6&7 ¼ Turn left step R to right side (5), Hold (6), Step ball of L next to R (&), Step R to R side (7)
 □ 3:00
8&1 Cross L over R (8), Step R to right side (&), 1/8 Turn left step L next to R (1:30) (1) □ 1:30

[34 - 40] □ Cross, 1/8 Side, 1/8 Together, Cross, 3/8, ½, Step, Touch □

2&3 Cross R over L (2), 1/8 Turn right step L to left side (3:00) (&), 1/8 Turn right step R next to L
 (4:30) (3) □ 4:30
4-6 Cross L over R (4), 3/8 Turn left step back on R (12:00) (5), ½ Turn left step fw on L
 (6) □ 6:00
7 8 Step fw on R (7), Touch L next to R (8) □ 6:00

[41 - 48] □ L Mambo, R Mambo, Step, Step, ½ Pivot, ½ Touch □

1&2 Rock L to left side (1) Recover on R (&), Step L next to R (2) □ 6:00
3&4 Rock R to right side (3) Recover on L (&), Step R next to L (4) □ 6:00
5-7 Step L fw (5), Step R fw (6), Pivot ½ turn left step fw on L (7)

***Insert 15-Count Bridge/Tag here on Wall 4 ~ see description below ~ □ 12:00**

8 ½ Turn left on L and touch R next to L (8) □ 6:00

Bridge/Tag: On Wall 4, dance up to Count 47 (Pivot ½ turn left step fw on L (7) facing 6:00), then Step R fw (8). Then do the following 15 counts: (This is basically repeating Counts 40-47 twice)

1&2, 3&4 L Mambo (1&2), R Mambo (3&4) □ 6:00
5-8 Step L fw (5), Step R fw (6), Pivot ½ turn left step fw on L (7), Step R fw (8) □ 12:00

1&2, 3&4 L Mambo (1&2), R Mambo (3&4) □ 12:00
5-7 Step L fw (5), Step R fw (6), Pivot ½ turn left step fw on L (7) □ 6:00

Continue with Count 48 of Wall 4 (½ Turn left on L and touch R next to L (8)).

Start Wall 5 normally facing 12:00 □

Ending: □ On Wall 8, dance up to Count 12 ($\frac{1}{2}$ Turn left step back on R (4) facing 6:00) then make another $\frac{1}{2}$ Turn left stepping fw on L to face 12:00 □

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