

Red

拍数: 32 墙数: 2 级数: Improver / Intermediate
编舞者: Mathias BIGOT (FR) - April 2014
音乐: Red - Taylor Swift : (Album: Red)



Intro : 16 temps (2x8) Style : ECS

Section 1: Rock Step Forward R, 1/2 Turn R, 1/4 Turn R, Behind Side Cross R, Side Shuffle L □

- 1 – 2 Step forward right. Recover weight left. 12:00
- 3 – 4 Pivot 1/2 turn right with foot right forward. [6:00] Pivot 1/4 turn right with foot left to left side. [9:00]
- 5 & 6 Cross right behind left. Step left to side left. Cross right over left. 9:00
- 7 & 8 Step left to left side. Step left next to right. Step left to left side. 9:00

Section 2: Rock Step Backward R, Step R Forward, 1/2 turn L, Vaudeville R & L □

- 1 – 2 Step right backward. Recover weight left. 9:00
- 3 – 4 Step right forward. Pivot 1/2 turn left, finish weight left. 3:00
- 5 & 6 Cross right over left. Step left to left side. Heel right to right diagonal. 3:00
- & 7 & 8 Step right to right side. Cross left over right. Step right to right side. Heel left to left diagonal. □3:00

Section 3: Together L, Rock Step Forward R, 1/2 turn R, Spin Spiral R, Shuffle R Forward, Heel Grind L

- & 1 – 2 Recover weight left. Step right forward. Recover weight left. 3:00
 - 3 Pivot 1/2 turn right with step right forward. □9:00
 - 4 Make complete turn right with weight left. Finish making leg right cross over leg left 9:00
- (Option for the place account 4 : Step left forward) □
- 5 & 6 Step right forward. Step left next to right. Step right forward. 9:00
 - 7 – 8 Step right heel forward, pivot 1/4 turn left with step right backward. □6:00

Section 4: Coaster Step L, Shuffle Forward R, Cross Rock L, Slide L, Touch R □

- 1 & 2 Step left backward. Step right next to left. Step left forward. 6:00
- 3 & 4 Step right forward. Step left next to right. Step right forward. 6:00
- 5 – 6 Cross left over right. Recover weight right. 6:00
- 7 – 8 Big side step to left. Slide right next to left. Touch right next to left. 6:00

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Contact: Mathias BIGOT – mathias.bigot@free.fr – Avril 2013