

# Hurt So Good

**COPPER KNOB**  
STEPSHETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Meiske Pamaputera (INA) - May 2014  
音乐: Hurts So Good - John Cougar-Mellencamp



**Intro : 56 counts - Restart: during wall 4 after 12 counts**

**Intro- optional. Leave the first 8 counts**

9-24                      Bend right knee (1-2), bend left knee (3-4), bend R, L, R, L (5-8). Repeat  
25- 40                    Step Right to right bend left knee (1-2), left down bend right knee, bend L.R. L.R (5-8 ).  
Repeat  
41- 48                    Left touch fwd n shake ( weight on right )  
49- 56                    Right touch fwd n shake ( weight on left )

**(1-8 ) Step forward touch 2x, 3 walk back, heel touch**

1- 2                      Step Right forward, touch left next to Right  
3- 4                      Step Left forward, touch right next to left  
5-8                      Walk back right, left, right, heel touch left to L side ("sit" on R)

**(9-16) Hips n Shoulder shakes, Vine left, heel touch**

9-12                      Shake your hips n shoulder ( show attitude )

**\*\* Restart here on wall 4 - on count 12 left heel down. Restart step right fwd. ( 09;00)**

13-16                    Left heel down, cross right behind left, step left, heel touch right

**(17-24) Hips n Shoulder shakes, Vine right 1/ 4 turn right, hitch**

17-20                    Shake your hips n shoulder  
21-24                    Right heel down, cross left behind right, ¼ turn right step right, hitch left ( 03:00 )

**(25-32) Jazz box brush, jazz box**

25-28                    Cross left over right, step right back, step left to left, brush right  
29-32                    Cross right over left, step left back, step right to right, step left.

**Repeat.**

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