

Last Storm

拍数: 32 墙数: 4 级数: Novice - smooth
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音乐: Last Storm – Kurt Nielsen



Intro : 32 counts

STEP TURN, ¼ SIDE, ¼ CROSS, BACK & SWEEP, SAILOR STEP ¼ , WALK (R&L)

- 1 RF □step forward
- 2 LF □½ turn left, takes weight (6 :00)
- 3 RF □¼ turn left, step side
- & LF □¼ turn left, cross over RF (12 :00)
- 4 RF □step back with sweep LF from front to back
- 5 LF □¼ turn left, cross behind RF (9 :00)
- & RF □step side right
- 6 LF □step forward
- 7 RF □step forward
- 8 LF □step forward

TOE SWITCHES, HITCH, STEP SIDE, CROSS SHUFFLE, ROCK SIDE

- 1 RF □point side right
- & RF □step next to LF
- 2 LF □point side right
- & LF □step next to RF
- 3 RF □point side right
- & RF □hitch forward
- 4 RF □step side right
- 5 LF □cross over RF
- & RF □step side right
- 6 LF □cross over LF
- 7 RF □rock side right
- 8 LF □recover (9 :00)

TRIPLE FULL TURN, SIDE, DRAG, HEEL SWITCHES, STEP TURN

- 1 RF □½ turn right, step side right (3 :00)
- & LF □step next to RF
- 2 RF □½ turn right, cross over LF (9 :00)
- 3 LF □big step side left
- 4 RF □drag towards LF
- 5 RF □touch heel forward
- & RF □step next to LF
- 6 LF □touch heel forward
- & LF □step next to RF
- 7 RF □step forward
- 8 LF □½ turn left takes weight (3 :00)

(ROCK FORWARD, TRIPLE STEP ½ TURN) X2

- 1 RF □rock forward
- 2 LF □recover
- 3 RF □¼ turn right step side right
- & LF □step next to RF
- 4 RF □¼ turn right, step forward (9 :00)

- 5 LF □rock forward
- 6 RF □recover
- 7 LF □¼ turn left, step side
- & RF □step next to LF
- 8 LF □¼ turn left, step forward (3 :00)

TAG : At the end of wall 3 & wall 6 - add the following steps :

HEEL SWITCHES

- 1 RF touch heel forward
- & RF step next to LF
- 2 LF touch heel forward
- & LF step next to RF

**After your HEEL SWITCHES repeat the last 8 Counts :
(ROCK FORWARD, TRIPLE STEP ½ TURN) X2
then Restart the dance from the beginning**

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