

Twisted Steel

拍数: 44 墙数: 2 级数: Improver
编舞者: Graham Mitchell (SCO) - April 2014
音乐: Train Wreck - James House



Section 1 (1-8) Forward Touch, Back Touch, Back Touch, Forward Touch

1-2 Step Forward Right To Right Diagonal , Touch Left Beside Right
3-4 Step Back Left To Left Diagonal, Touch Right Beside Left
5-6 Step Back Right To Right Diagonal , Touch Left Beside Right
7-8 Step Forward Left To Left Diagonal , Touch Right Beside Left

Restart Wall 4

Section 2 (1-8) Side Behind ¼ Right, Lock Step, Cross Back Back , Cross Back Back

1&2 Step Right To Right Side, Step Left Behind Right, Step Right Making ¼ Turn Right
3&4 Step Forward Left, Step Right Behind Left, Step Forward Left
5&6 Cross Right Over Left, Step Back Left, Step Back Right
7&8 Cross Left Over Right, Step Back Right, Step Back Left

Section 3 (1-8) Cross Strut, Side Strut, Sailor ½ Turn, Heel Strut

1-2 Cross Right Toe Over Left, Place Right Heel Down
3-4 Place Left Toe To Left Side, Place Left Heel Down
5&6 ¼ Right Stepping Right Behind Left, ¼ Right Stepping Left To Left, Step Right To Right
7-8 Place Left Heel Forward, Place Left Toe Down

Section 4 (1-8) Heel Strut, Shuffle, Step Touch, Back Kick

1-2 Place Right Heel Forward, Place Right Toe Down
3&4 Step Forward Left, Close Right Beside Left, Step Forward Left
5-6 Step Forward Right, Touch Left Toe Behind Right
7-8 Step Back Left, Kick Right Foot Forward

Section 5 (1-8) Coaster Step, Mambo ½ , Step ½ Pivot Step, ¾ Turn Step

1&2 Step Back Right, Close Left Beside Right, Step Forward Right
3&4 Rock Forward Left, Recover On Right, Make ½ Turn Left Stepping Forward Left
5&6 Step Forward Right, Pivot ½ Turn Left, Step Forward Right
7&8 Step Left ¼ Right, ½ Turn Right Stepping Forward Right, Step Forward Left

Section 6 (1-4) Toe Struts

1-2 Place Right Toe Forward, Place Right Heel Down
3-4 Place Left Toe Forward, Place Left Heel Down

Ending Dance Up To Count 34 , Cross Left Over Right Unwind ¼ Right

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