Lost In The Fire

拍数: 64

级数: Intermediate

编舞者: Phoenix Adamson (NZ) - April 2014

音乐: Things We Lost in the Fire - Bastille

Intro: 36 Counts (After Strong Beat Commences)

ROCK RECOVER, SHUFFLE ½ TURN, ROCK RECOVER, COASTER CROSS

- 1 2 3 & 4Rock Forward On Right, Recover Onto Left, Making ¹/₂ Turn Right Shuffle Forward Stepping Right (3) – Left (&) – Right (4)
- 5 6 7 & 8Rock Forward On Left, Recover Onto Right, Step Back On Left (7), Close Right Beside Left (&), Cross Left Over Right (8) (6 O'Clock)

SIDE ROCK, BEHIND – SIDE – CROSS, SIDE ROCK WITH ¼ TURN, SHUFFLE

- 1 2 3 & 4Rock Right To Side, Recover Onto Left, Cross Right Behind Left (3), Step Left To Side (&), Cross Right Over Left (4)
- Rock Left To Side, Making 1/4 Turn Right Recover Onto Right, Shuffle Forward Stepping Left 5 - 6 - 7 & 8(7) – Right (&) – Left (8) (9 O'Clock)

ROCK RECOVER, COASTER, ROCK RECOVER, REVERSE STEP - LOCK - STEP

- 1 2 3 & 4 Rock Forward On Right, Recover Onto Left, Step Back On Right (3), Close Left Beside Right (&), Step Forward On Right (4)
- 5 6 7 & 8Rock Forward On Left, Recover Onto Right, Step Back On Left (7), Cross Right Over Left (&), Step Back On Left (8)

ROCK RECOVER, REVERSE COASTER, ROCK RECOVER, STEP – LOCK – STEP

- 1 2 3 & 4 Rock Back On Right, Recover Onto Left, Step Forward On Right (3), Close Left Beside Right (&), Step Back On Right (4)
- 5 6 7 & 8Rock Back On Left, Recover Onto Right, Step Forward On Left (7), Lock Right Behind Left (&), Step Forward On Left (8)

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1 2 3 & 4Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right (3) - Left (&) - Right (4)
- 5-6-7&8 Rock Left To Side, Recover Onto Right, Cross Shuffle Stepping Left (7) – Right (&) – Left (8)

1/4 TURN – 1/4 TURN, SHUFFLE, FULL TURN, SHUFFLE

- 1 2 3 & 4Making ¼ Turn Left Step Back On Right, Making ¼ Turn Left Step Forward On Left, Shuffle Forward Stepping Right (3) – Left (&) – Right (4)
- 5 6 7 & 8Making ½ Turn Right Step Back On Left, Making ½ Turn Right Step Forward On Right, Shuffle Forward Stepping Left (7) – Right (&) – Left (8) (3 O'Clock)

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1 2 3 & 4Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right (3) - Left (&) - Right (4)
- 5 6 7 & 8Rock Left To Side, Recover Onto Right, Cross Shuffle Stepping Left (7) – Right (&) – Left (8)

1/4 TURN – 1/4 TURN, SHUFFLE, FULL TURN, SHUFFLE

- 1 2 3 & 4Making ¼ Turn Left Step Back On Right, Making ¼ Turn Left Step Forward On Left, Shuffle Forward Stepping Right (3) – Left (&) – Right (4)
- 5 6 7 & 8Making ½ Turn Right Step Back On Left, Making ½ Turn Right Step Forward On Right, Shuffle Forward Stepping Left (7) – Right (&) – Left (8) (9 O'Clock)

REPEAT





墙数:4

TAG: On Completion Of Wall 2 (Facing 6 O'Clock) & Wall 5 (Facing 9 O'Clock) There Is A 4 Count Tag SIDE ROCK, ROCK RECOVER

1 – 2 – 3 – 4 Rock Right To Side, Recover Onto Left, Rock Back On Right, Recover Onto Left

TAG & RESTART: On Wall 4 After 1st 32 Counts (Facing 12 O'Clock) There Is A 4 Count Tag Followed By A Restart (This Now Becomes Wall 5) SIDE ROCK, ROCK RECOVER

1 – 2 – 3 – 4 Rock Right To Side, Recover Onto Left, Rock Back On Right, Recover Onto Left

RESTART: On Wall 6 After 1st 16 Counts (Facing 6 O'Clock) There Is A Restart (This Now Becomes Wall 7)