

All Alone

COPPER KNOB
STEPPING

拍数: 32
编舞者: Kim Liebsch (DK) - April 2014
音乐: Alone - Freja Kirk

墙数: 4

级数: High Intermediate



#3 Restarts:

- * 1st Restart on wall 2 after 16 counts*
- * 2nd Restart on wall 3 after 24 counts**
- * 3rd Restart on wall 5 after 16 counts***

Intro: Start on 1st beat - Start with weight on R foot

#1 section: 2 X scissor step, ¼ turn ½ turn, point R point fw. coaster step step turn □

- 1&2&3 Step R to R side, step L beside R, cross R over L, step L to L side, step R beside L 12:00
&4& Cross L over R, make ¼ turn L stepping back on R, make ½ turn L stepping fw. on L □ 3:00
5-6 Point R to R side, point R fw. □ 3:00
7&8&1 Step back on R, step L next to R, step fw. on R, step fw. on L, make ½ turn R stepping fw. on R □ 9:00

#2 section: □ Step touch(with Skate) X 2, step rocking chair, step ¼ turn, cross ¼ turn ½ turn

- &2&3 Step fw. on L, touch R next to L, skate step fw. on R, touch L next to R □ 9:00
&4&5& Skate step fw. on L, rock fw. on R recover on L, rock back on R, recover on L □ 9:00
6&7 Step fw. on R, make ¼ turn R stepping R to R side □ 12:00
&8& Cross L over R, make ¼ turn L stepping back on R, make ½ turn L stepping fw. on L (* / ***)
3:00

#3 section: □ Step turn ¼ turn, 2 x basic, ½ turn step back with sweep, behind side cross rock □

- 1&2 Step fw. on R, make ½ turn L stepping fw. on L, step ¼ turn L stepping R to R side □ 6:00
&3&4& Close L behind R, cross R over L, step L to L side, close R behind L, step fw. on L □ □ 6:00
5-6 Make ½ turn L stepping back on R, step back on L while sweeping R □ 12:00
7&8& Cross R behind L, step L to L side, cross rock R over L, recover on L (**) □ 12:00

#4 section: □ ½ turn step turn, 2 X ball step, step turn step step turn step side, sailor ½ turn cross □

- 1&2 Make ½ turn R stepping fw. on R, step fw. on L make ½ turn R stepping fw. diagonal on R (11:00) □ 11:00
&3&4 Step L next to R, step fw. on R, step L next to R, step fw. on R □ 11:00
&5&6&7 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L, step fw. on R, make ½ turn L stepping fw. on L, step R 3/8 to R side □ 9:00
&8& Sweep/cross L behind R, ½ turn L stepping R to R side, cross L over R □ 3:00

Good Luck & N' joy!