

# Chasing Shadows

COPPER KNOB  
BY STEPHEN

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Jo Kinser (UK) & John Kinser (UK) - April 2014  
音乐: Chasing Shadows - Shakira : (iTunes)



Start the dance on the vocals (0:18)

## [1-8] □ Press Sweep, Behind and Cross, Side Rock, Crossing Shuffle

1,2      Rock Rt fwd, Replace weight Lt sweeping Rt from front to back  
3&4      Step Rt behind Lt, Step Lt to Lt, Step Rt across Lt  
5,6      Rock Lt to Lt, Replace weight Rt  
7&8      Step Lt across Rt, Step Rt to Rt, Step Lt across Rt

## [9-16] □ 1/4, 1/2, 1/4 Scissor Cross, 1/4, 1/2, Shuffle Fwd

1,2      Make 1/4 turn Lt stepping Rt back (9:00), Make 1/2 turn Lt stepping Lt fwd (3:00)  
3&4      Make 1/4 turn Lt stepping Rt to Rt (12:00), Step Lt next to Rt, Step Rt across Lt  
5,6      Make 1/4 turn Rt stepping Lt back (3:00), Make 1/2 turn Rt stepping Rt fwd (9:00)  
7&8      Step Lt fwd, Step Rt next to Lt, Step Lt fwd

## [17-24] □ And Tap Step, Coaster Step, Rock Step, Coaster Step

&1,2      Step Rt fwd, Tap Lt foot behind Rt, Step Lt in place  
3&4      Step Rt back, Step Lt next to Rt, Step Rt fwd  
5,6      Rock Lt fwd, Replace weight Rt  
7&8      Step Lt back, Step Rt next to Lt, Step Lt fwd

**\*Note counts 5-8, Both hands come up on counts 5,6, and circle out and down on counts 7&8.**

## [25-32] □ Rock Step, Shuffle 1/2, Full Turn, 1/4 Rock & Fwd

1,2      Rock Rt fwd, Replace weight Lt  
3&4      Make 1/2 turn Rt stepping Rt fwd (3:00), Step Lt next to Rt, Step Rt fwd  
**\*Note counts 1-4, Right hand only comes up on counts 1,2, and circle out and down on counts 3&4.**  
5,6      Make 1/2 turn Rt stepping Lt back (9:00), Make 1/2 turn Rt stepping Rt fwd (3:00)  
7&8      Make 1/4 turn Rt rocking Lt to Lt (6:00), Replace weight Rt, Step Lt fwd

Restart Here on wall 3 facing (6:00).

## [33-40] □ Rock Step, Sweep, Sweep, Sailor 1/2 Turn, 1/2 Shuffle Back

1,2      Rock Rt fwd, Replace weight Lt  
3,4      Sweep Rt from front to back stepping Rt behind Lt, Sweep Lt from front to back stepping Lt behind Rt  
5&6      Make 1/2 turn Rt stepping Rt behind Lt (9:00), Step Lt in place, Step Rt fwd (12:00)  
7&8      Make 1/2 turn Rt stepping Lt back (6:00), Step Rt next to Lt, Step Lt back

## [41-48] □ Diagonal Shuffle Rt, Shuffle Lt, Rock & Back, 3/8th Shuffle Lt

1&2      Make 1/8th turn Rt (7.30) stepping Rt fwd, Step Lt next to Rt, Step Rt fwd  
3&4      Step Lt fwd, Step Rt next to Lt, Step Lt fwd  
5&6      Rock Rt fwd, Replace weight Lt, Step Rt back  
7&8      Make 3/8th turn Lt stepping Lt fwd (3:00), Step Rt next to Lt, Step Lt fwd

## [49-56] □ Rock Step, Coaster Step, Rock Step, Triple 3/4 Turn

1,2      Rock Rt fwd, Replace weight Lt  
3&4      Step Rt back, Step Lt next to Rt, Step Rt fwd (option: Triple Full Turn Rt)  
5,6      Rock Lt fwd, Replace weight Rt  
7&8      Make 1/2 turn Lt stepping Lt fwd (9:00), Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (6:00)

**[57-64] □ Rock Step, Coaster Step, Rock Step, Triple Full Turn**

1,2                Rock Rt fwd, Replace weight Lt

3&4               Step Rt back, Step Lt next to Rt, Step Rt fwd

5,6                Rock Lt fwd, Replace weight Rt

7&8                Make 1/2 turn Lt stepping Lt fwd (12:00), Make 1/2 turn Lt stepping Rt next to Lt (6:00), Step Lt fwd

**Restart: □ On Wall 3 Restart the dance again after 32 counts facing (6:00).**

**Contacts: Jo Kinser (UK) [jo@jjkdancin.com](mailto:jo@jjkdancin.com) & John Kinser (US) [JohnKinser@me.com](mailto:JohnKinser@me.com)**

---