

Lucky or Lonely

COPPER KNOB
CHOREOGRAPHY

拍数: 32 墙数: 2 级数: Beginner - Rumba
编舞者: Sue Ann Ehmann (USA) - April 2014
音乐: Lucky (feat. Colbie Caillat) - Jason Mraz : (CD: We Sing, We Dance, We Steal Things)



Written especially for Lauralee Hanson -- with many thanks for suggesting the song "Lucky" by Jason Mraz.

Intro: 8 counts (Begin on vocals) No Tags, No Restarts

Alternate Country song: Hope You Get Lonely Tonight by Cole Swindell (bpm: 152) CD: Cole Swindell
Intro: 48 counts (Begin on vocals)

Both songs available on iTunes and Amazon

[1-8] □ 2 PROGRESSIVE RUMBA BOXES (forward)

1-4 Step right to side, step left beside right, step right forward, hold
5-8 Step left to side, step right beside left, step left forward, hold

[9-16] □ FORWARD ROCK, RECOVER, 1/4 RIGHT SIDE, HOLD, SWAY, SWAY, □ SWAY, HOLD

1-4 Rock right forward, recover left, turn 1/4 right step right to side, hold (3:00)
5-8 Sway upper body left, sway right, sway left, hold

[17-24] SIDE, TOGETHER, SIDE, HOLD, CROSS ROCK, RECOVER, SIDE, HOLD

1-4 Step right to side, step left beside right, step right to side, hold
5-8 Rock left across right, recover right, step left to side, hold

[25-32] □ CROSS ROCK, RECOVER, 1/4 RIGHT FORWARD, HOLD, STEP, LOCK, □ STEP, HOLD

1-4 Rock right across left, recover left, turn 1/4 right step right forward, hold (6:00)
5-8 Step left forward, slide right behind left, step left forward, hold

BEGIN AGAIN!

Choreographer Information: Sue Ann Ehmann, Patrick Springs, VA, USA, saehmann@centurylink.net