

Yak Again

拍数: 32 墙数: 4 级数: Improver
编舞者: Sherri Busser (USA) & Lisa McCammon (USA) - April 2014
音乐: Yakety Yak - The Coasters : (CD: Rhino Hi-Five, The Coasters; ECS rhythm)



The track has a very short intro—start on the word “trash”
Counterclockwise rotation; start weight on L

[1-8] □ CHASSE R, BACK ROCK, RECOVER, CHASSE L, BACK ROCK, RECOVER (lindy steps)

1&2, 3-4 Step R to side, step L next to R, step R to side; rock back onto L, recover weight to R
5&6, 7-8 Step L to side, step R next to L, step L to side; rock back onto R, recover weight to L

[9-16] □ SIDE, BEHIND &-HEEL, HOLD, &-STEP, TURN, KICK-BALL-CHANGE

1-2&3-4 Step R to side, step L behind R, step onto R, touching L heel forward, HOLD
&5-6 Step onto L, step forward onto R, turn ¼ left [9] (weight to L)
7&8 Kick R, step onto R in place, step L home (weight on L)

[17-24] STEP, TURN, ROCK, RECOVER, OUT-OUT, HOLD, R HEEL IN/OUT, L HEEL IN/OUT

1-2 Step forward onto R, turn ½ left [3] (weight to L)
3-4 Rock forward R, recover weight to L
&5-6 Step R to side, L in place, HOLD (weight on balls of feet)
&7 Twist R heel in-out, taking weight R
&8 Twist L heel in-out, ending weight on L*

***Easier option:**

7-8 Bump hips R, bump hips L (weight on L)

[25-32] FORWARD ROCK, RECOVER, TURN, TURN, SAILOR STEP, BEHIND-SIDE-CROSS

1-2 Rock forward onto R, recover to L
3-4 Turn ¼ right [6] stepping R to side; turn ¼ right [9] stepping L to side
5&6 Step R behind L, step L slightly to side, step R to side (momentum to right)
7&8 Step L behind R, step R to side, step L across R

OPTIONAL ENDING: The last rotation will start the second time you get to [6].
Dance through the kick-ball change at count 16, facing [3].
Then in counts 1-2 in the third set, turn ¼ left to face [12],
and continue until the music fades with the out-out.

All rights reserved. This step sheet is not authorized for release on Kickit.

If your step sheet has the Kickit logo, it should be destroyed because it may have been altered without our knowledge or permission.

Contacts:-

Sherri Busser, sherribusser@gmail.com

Lisa McCammon, dancinsfun@gmail.com, www.peterlisamcc.com