Can't Stop

拍数: 32

级数: Intermediate Cuban Cha Cha

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音乐: Bad As I Want To by Matt Jenkins

SIDE, CUBAN BREAK, STEP BACK, WEAVE, 1/4 TURN STEP, 1/2 TURN, 1/4 CHASSE

- 1-2& Step L to L, cross check to L diagonal with R (10:30), recover on L
- 3-4& Step R back to R diagonal, step L back, 1/8 turn R and step R to R (12:00)
- 5-6 Step L across R, ¼ turn R and step R forward (03:00)

墙数:2

7-8& ½ turn R and step L beside R (09:00), ¼ turn R and step R to R, step L beside R
Step R to R

SWAY 2X, ¼ TURN LOCK STEP, WALK X2

- 2-3 Sway L, sway R
- 4&5 1/4 turn L and step L forward, step R behind L, step L forward
- 6-7 Walk R forward, walk L forward

TOUCH & TOUCH & TOUCH, HITCH, CROSS, STEP BACK, SIDE, ¼ TURN STEP, STEP, STEP

- 8& Touch R to R, step R across L
- 1&2& Touch L to L, step L across R, touch R to R, hitch R knee
- 3-4& Step R across L, step L back, step R to R
- 5-6-7 1/4 turn R and step L forward, step R forward, step L forward

1/2 TURN, 1/2 TURN, SWEEP, CROSS BEHIND, 1/4 TURN, STEP, MAMBO FWD, ROCK, RECOVER, 1/4 TURN CROSS, SIDE, TOGETHER

- 8& ¹/₂ turn R and step R forward (06:00), ¹/₂ turn R and step L back
- 1-2& Sweep R from front to back, step R behind L, ¼ turn L on R (09:00)
- 3-4& Step R forward, rock L forward, recover on R
- 5-6& Step L back, rock R back, recover on L
- 7-8& ¼ turn L and step R across L (06:00), step L to L, step R beside L

REPEAT

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