

拍数: 48 墙数: 4 级数: Beginner
编舞者: Séverine Fillion (FR) - May 2013
音乐: Go On...Miss Me - Gloriana : (Album: A Thousand Miles Left Behind)



Intro : 8 counts

[1-8] WALKS FWD, SHUFFLE FWD, HEEL SWITCH & HEEL

1-2 Walk fwd right, walk fwd left
3&4 Shuffle right – left – right fwd
5&6& Touch left heel fwd, recover on left, touch right heel fwd, recover on right
7-8 Touch left heel fwd x 2

[9-16] STEP 1/2 TURN, SHUFFLE FWD, STEP 1/2 TURN, STOMP, STOMP

1-2 Left step fwd, ½ turn right 6 :00
3&4 Shuffle left – right – left fwd
5-6 Right step fwd, ½ turn left 12 :00
7-8 Stomp right fwd, stomp left fwd

[17-24] SIDE TOUCH (R & L), SIDE SHUFFLE, TOUCH, SIDE TOUCH (L & R), SHUFFLE 1/4 TURN

1&2& Right step to right, touch left next to right, left to left, touch right next to left
3&4 Shuffle right – left – right to the right side
& Touch left next to right
5&6& Left step to left, touch right next to left, right step to right, touch left next to right
7&8 Shuffle left – right – left ¼ turning left on the count 8 9 :00

[25-32] TOE HEEL STOMP (R & L), STEP FWD, CLAP, 1/2 TURN, CLAP, WALKS FWD

1&2 Touch right toe next to left, touch right heel fwd, stomp right fwd
3&4 Touch left toe next to right, touch left heel fwd, stomp left fwd
5& Right step fwd, Clap (&)
6& ½ turn left passing weight on left foot, Clap (&) 3 :00
7-8 Walk fwd right, walk fwd left

[33-40] TOE HEEL STOMP (R & L), STEP FWD, CLAP, 1/2 TURN, CLAP, WALKS FWD

Same steps as the 4th section (25-32) 9 :00

[41-48] CROSS, POINT, BACK, POINT, CROSS POINT, BACK, POINT

1-2 Right cross over left, point left toe to left side (option : Snap both hands at side)
3-4 Left step back, point right toe to right side (option : snap both hands at side)
5-6 Right cross over left, point left toe to left side (option : Snap both hands at side)
7-8 Left step back, point right toe to right side (option : snap both hands at side)

Start again and enjoy !!

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