

All Alone

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Celia Stevens (NZ) - February 2014
音乐: All Alone - Fun. : (CD: Some Nights)



Intro: 16 Counts - This dance is done in all four directions rotating clock-wise:

Sec: 1 [1-8] SIDE, BEHIND, SCISSOR STEP, ¾ TURN, FWD SHUFFLE:

1, 2 Step R side, Step L behind
3&4 Step R side, Step L together, Step R over
5, 6 Turn ¼ right L back, Turn ½ right R forward [9:00]
7&8 Step L forward, Step R together, Step L forward

Sec: 2 [9-16] ¼ PIVOT, CROSS & HEEL, TOG-CROSS, ¼, ¼, TOUCH:

1, 2 Step R forward, Turn ¼ left weight L [6:00]
3&4 Step R over, Step L together, Touch R heel forward
&5, 6 Step R together, Step L over, Turn ¼ left R back [3:00]
7, 8 Turn ¼ left L side, Touch R together [12:00] * **

On Wall 3* Restart here

On Wall 7 add Tag & Restart here**

Sec: 3 [17-24] ¼, ½, COASTER, ½ SHUFFLE, ROCK:

1, 2 Turn ¼ right R forward, Turn ½ right L back [9:00]
3&4 Step R back, Step L together, Step R forward
5&6 Turn ¼ right L side, Step R together, Turn ¼ right L back [3:00]
7, 8 Step R back, Recover weight L

Sec: 4 [25-32] FWD SHUFFLE, CROSS, ¼, SIDE-TOG-FWD, ¾ TURN:

1&2 Step R forward, Step L together, Step R forward
3, 4 Step L over, Turn ¼ left R back [12:00]
5&6 Step L side, Step R together, Step L forward
7, 8 Turn ¼ left R side, Turn ½ left L side [3:00] #

On Wall 4 {#} add the Tag here

[32] Repeat & Enjoy!

Restart: On Wall 3 dance first 16 counts {*} then Restart from beginning now facing 6 o'clock

Tag: At the end of Wall 4 facing 9:00 {#} Add the following Tag, then Restart from beginning now facing 3 o'clock

BEATS: SIDE, BEHIND, ¼, ¼:

1, 2, 3, 4 Step R side, Step L behind, Turn ¼ right R forward, Turn ¼ right L together

Tag/Restart: On Wall 7 dance the first 16 counts {} then Add the Tag then Restart from the beginning now facing 6 o'clock**

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