Sippin' On Southern (P)



编舞者: Barb Monroe (USA) & Dave Monroe (USA) - March 2014

音乐: American Kids - Kenny Chesney



Alt. music:-

Cruise by Florida Georgia Line Pirate Flag by Kenny Chesney Doin' What She Likes by Blake Shelton

Start dance on vocals

Footwork the same except where noted

Start facing each other, man facing OLOD, lady facing ILOD

This dance was choreographed for our friends Wendy and Gianna, we hope you enjoy it.

Cross Rock, Step, Hold, Cross Rock, Step, Hold

1-4 Cross R over L (right palm to right palm), recover L, step R, hold
5-8 Cross L over R (left palm to left palm), recover R, step L, hold

Walk for 1/4 Circle, Hold, Walk for 1/2 Circle, Hold

9-12 Walk forward R, L, R, hold (R palm to R palm) for ¼ circle (man facing BLOD, lady facing

LOD)

13-16 Walk for ½ circle L, R, L, hold (man facing LOD, lady facing BLOD)

Rock, Recover (Lady Step, ½ Turn), Step, Hold, Step, Lock, Step, Hold

17-20 Man: Rock back R, recover L, step forward R, hold (sweetheart position)

17-20 Lady: Step forward R, ½ turn L (weight on L), step forward R, hold (both facing LOD)

21-24 Step L forward, lock R behind, step L forward, hold (or brush)

Step, Lock, Step, Hold, Rock, Recover, 1/4 Turn, Hold

25-28 Step R forward, lock L behind, step R forward, hold (or brush)

29-32 Man: Rock L forward, recover on R with ¼ turn R, step L together, hold 29-32 Lady: Rock L forward, recover R, step L together with ¼ turn L, hold

Note: Arms;

On count 18 pickup lady's L hand in sweetheart position

On count 29 bring R hands over lady's head, on count 30 drop L hands

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Last Update - 26th Sept. 2023 - R2