

# Bimbo Limbo (賓寶林波) (zh)

COPPER KNOB  
STEPPERS

拍数: 48                      墙数: 2                      级数: Beginner  
编舞者: Nina Chen (TW) - 2014年04月  
音乐: Bimbo Limbo (Scarpellini) (Antonella Noceto)



Sequence: AAABB ABBBB AAB A

24count intro (start to clap after 8 counts, and start to dance after another 16 counts)

## Section A (16 counts)

### A1. WALK FORWARD POINT. WALK BACKWARD POINT.

1-2-3-4            Walk forward triple (RLR). Point LF forward.  
5-6-7-8            Walk backward triple (LRL). Point RF backward next to LF.  
1-2-3-4            前進走三步(右左右). 左足前點.  
5-6-7-8            後退走三步(左右左). 右足退於左足側點.

Optional hand movements: Please refer to the demonstration video. 自由選取手部動作: 請參考示範視頻.

### A2. Hip Bumps x4.

1&2, 3&4            Bump hips RLR. Bump hips LRL.  
5&6, 7&8            Bump hips RLR. Bump hips LRL.  
1&2, 3&4            推臀右左右. 推臀左右左.  
5&6, 7&8            推臀右左右. 推臀左右左.

Optional hand movements: Please refer to the demonstration video. 自由選取手部動作: 請參考示範視頻.

## Section B (32 counts)

### B1. SIDE TOGETHER CHASSE. CROSS STEP. RECOVER. TURN. SHUFFLE.

1-2, 3&4            Step RF to R, Step LF beside RF, Chasse R (RLR).  
5-6, 7&8            Cross step LF over RF. Recover onto RF. Turn 1/4 L (9:00). Shuffle forward (LRL).  
1-2, 3&4            右足右踏, 左足併踏, 右足右踏. 左足併踏. 右足右踏.  
5-6, 7&8            左足前交 重心回右足. 向左轉 1/4 (9:00) 前進交換步(左右左).

### B2. Step POINT x2. TURN. FORWARD.

1-4                Step RF to R. Point LF beside RF. Step LF to L. Point RF beside LF.  
5-8                Full turn R (9:00) in triple steps (RLR). Step L forward.  
1-4                右足右踏. 左足在右足旁點. 左足左踏. 右足在左足旁點.  
5-8                小三步(右左右)向右轉一整圈 (9:00). 左足前踏.

### B3. CROSS MAMBO X4. TURN.

1&2                Cross step RF over L. Recover on LF. Step RF to R.  
3&4                Cross step LF over R. Recover on RF. Step LF to L.  
5&6                Cross step RF backward. Recover onto LF. Step RF to R.  
7&8                Cross step LF backward. Recover onto RF. Turn 1/4 L (6:00). Step LF forward.  
1&2                右足前交叉步. 重心回左足. 右足右踏.  
3&4                左足前交叉步. 重心回右足. 左足左踏.  
5&6                右足後交叉步. 重心回左足. 右足右踏.  
7&8                左足後交叉步. 重心回右足. 向左轉1/4 (6:00). 左足前踏.

### B4. ROCKING CHAIR. Sway x 4.

1-2-3-4            Rock RF forward. Recover onto LF. Rock RF backward. Recover onto LF.  
5-6-7-8            Sway R. Sway L. Sway R. Sway L.  
1-2-3-4            右足前進下沉步. 重心回左足. 右足後退下沉步. 重心回左足.  
5-6-7-8            右擺臀. 左擺臀. 右擺臀. 左擺臀.

Have Fun & Happy Dancing!

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