

# Knockin'

**COPPER** **NOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Gudrun Schneider (DE) - April 2014  
音乐: Knockin - Freddie Stroma



## Start on Vocals

### HEEL DIGS 2x, COASTER STEP, ¼ PADDLE TURN 2x, COASTER STEP

1-2            Right heel diagonally forward - right heel diagonally forward (12:00),  
3&4            RF step back, LF beside RF, RF step forward  
5-6            ¼ turn right tap left toe to left , ¼ turn right tap left toe to left (6:00)  
7&8            LF step back, RF beside left, LF step forward

( Restart : 3rd round )

### MAMBO STEP, RUN BACK, COASTER STEP, FULL TRIPLE TURN RIGHT

1&2            RF rock forward, LF recover, RF step back  
3&4            LF run back, RF run back, LF run back  
5&6            RF step back, LF beside right, RF step forward  
7&8            ½ Turn right, step back on LF, ½ turn R, RF step forward, LF step forward

### OUT-OUT, HIP BUMPS, SAILOR STEP, SAILOR SHUFFLE TURNING ¼ R

1 - 2            RF step diagonally forward, LF step diagonally left ( Weight left)  
3&4            Bump hips right, bump hips left, bump hips right  
5&6            Cross LF behind RF, step right , LF step left  
7&8            Cross RF behind LF - ¼ turn right - step LF beside RF – RF step forward (9:00)

### STEP- HEELS SPLITS, COASTER STEP, SIDE-TOGETHER-BACK, SIDE-TOGETHER-FORWARD

1&2            LF step forward, twist heels out, twist heels in  
3&4            LF step back, RF beside left, LF step forward  
5&6            RF step right, LF beside right, RF step back  
7&8            LF step left, RF beside left, LF step forward

Restart: on wall 3 after 8 counts (facing 12:00 )

Have fun

Contact: [gudrun@gudrun-schneider.com](mailto:gudrun@gudrun-schneider.com)