

Rainmaker

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Niels Poulsen (DK) - March 2014
音乐: Rainmaker - Emmelie de Forest : (iTunes)



Two Restarts: -

On wall 5 (starts facing 12:00), after 32 counts, now facing 6:00.

On wall 6 (starts facing 6:00), after 32 counts, now facing 12:00.

Intro: 16 counts from first beat in music (app. 10 secs. into track). Start with weight on L foot

Phrasing: 16 (intro), 48, 48, 48, 48, 32, 32, 48, 16, 1.

[1 – 8] Side rock, R vaudeville, ball cross, side R, L sailor ¼ L

1 – 2 Rock R to R side (1), recover on L (2) 12:00
3&4& Cross R over L (3), step L to L side (&), touch R heel to R diagonal (4), step R next to L (&) 12:00
5 – 6 Cross L over R (5), step R to R side (6) 12:00
7&8 Cross L behind R (7), turn ¼ L stepping R next to L (&), step fwd on L (8) 9:00

[9 – 16] Ball walk L R, L & R heel switches, step touch L and R

&1 – 2 Step R next to L (&), walk fwd on L (1), walk fwd on R (2) 9:00
3&4& Touch L heel fwd (3), step L next to R (&), touch R heel fwd (4), step R next to L (&) 9:00
5 – 6 Step L to L side (5), touch R next to L (6) 9:00
7 – 8 Step R to R side (7), touch L next to R (8) 9:00

[17 – 24] L jazz box ¼ L, L chasse ¼ L, ball walk L R, syncopated L rocking chair

1 – 2 Step L diagonally fwd R (1), turn ¼ L stepping back on R (2) 6:00
3&4 Step L to L side (3), step R next to L (&), turn ¼ L stepping fwd on L (4) 3:00
&5 – 6 Step R next to L (&), walk fwd on L (5), walk fwd on R (6) 3:00
7&8& Rock fwd on L (7), recover back on R (&), rock back on L (8), recover fwd on R (&) 3:00

[25 – 32] Step ¼ R, L samba step, R jazz box cross

1 – 2 Step fwd on L (1), turn ¼ R stepping onto R (2) 6:00
3&4 Cross L over R (3), rock R to R side (&), recover on L (4) 6:00
5 – 6 Cross R over L (5), step back on L (6) 6:00
7 – 8 Step R to R side (7), cross L over R (8) 6:00

[33 – 40] R side rock, R cross shuffle, knee pop, L side rock, L cross shuffle, knee pop

1&2&3 Rock R to R (1), recover L (&), cross R over L (2), step L to L side (&), cross R over L (3) 6:00
&4 Pop both knees fwd lifting heels off the floor (&), step down on both heels again (4) 6:00
5&6&7 Rock L to L (5), recover R (&), cross L over R (6), step R to R side (&), cross L over R (7) 6:00
&8 Pop both knees fwd lifting heels off the floor (&), step down on both heels again (8) 6:00

[41 – 48] R side rock cross, L side rock cross, HOLD, out out, in in, knee pop

1&2 Rock R to R side (1), recover on L (&), cross R over L (2) 6:00
3&4 Rock L to L side (3), recover on R (&), cross L over R (4) 6:00
5&6&7 Hold (5), step R out (&), step L out (6), step R to centre (&), step L next to R (7) 6:00
&8 Pop both knees sharply fwd lifting heels off the floor (&), step down on both heels again (8) 6:00

Start again

Ending: To finish at 12:00 do the following: Do the first 32 counts of wall 7. You're now facing 6:00. Do the last 16 counts BUT turn ¼ R on the &-count of your L side rock cross (counts 43&44). You're now facing 9:00. Repeat the last 16 counts again and repeat the ¼ R on the L side rock cross. You're now facing 12:00. After your last knee pop step R to R side ... [12:00]

Fun Option

Once you feel comfortable with the dance you can play with the high lights in the music: leave out the second knee pop (&8) from counts 33-40 on wall 2 and 4 (facing 12:00) and on wall 7 (facing 6:00) and wall 8 (facing 9:00). Just an option, but it makes sense...

Contact - niels@love-to-dance.dk - www.love-to-dance.dk
