

You Are My Flower

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Newcomer
编舞者: Tjwan Oei (NL) - April 2014
音乐: You Are My Flower by Ed Brodie



#01: Side step – Rock back – Recover – Shuffle forward – Rock forward – Recover – Shuffle ½ turn left

1-2-3 Lf. step to the left side – Rf. rock back – Recover weight onto Lf.

4&5 Rf. step forward – Lf. lock behind Rf. – Rf. step forward

6-7 Lf. rock forward – Recover weight onto Rf.

8&1 Lf. step ½ turn left – Rf. step together – Lf. step forward [06.00]

#02: Side rock – Recover – Step behind – Side – Cross – Side rock – Recover – Cross and cross

2-3 Rf. step to the right side – Recover weight onto Lf.

4&5 Rf. step behind Lf. – Lf. step to the left side – Rf. cross over Lf.

6-7 Lf. step to the left side – Recover weight onto Rf.

8&1 Lf. cross over Rf. – Rf. step to the right side – Lf. cross over Rf.

#03: Touch behind – Step back – Shuffle back – Rock back – Recover – Shuffle forward

2-3 Rf. touch behind Lf. – Rf. step back

4&5 Lf. step back – Rf. lock in front of Lf. – Lf. step back

6-7 Rf. rock back – Recover weight onto Lf.

8&1 Rf. step forward – Lf. lock behind Rf. – Rf. step forward

#04: Rock forward – Recover – Step ½ turn left – Step ¼ turn left & hip bumps– Hip bumps

2-3 Lf. rock forward – Recover weight onto Rf.

4-5 Lf. step ½ turn left – Rf. step together beside Lf. [12.00]

6-7 Lf. step ¼ turn left with hip bumps to left – Hip bumps to right [09.00]

8& Hip bumps to left – Hip bumps to right

Ending :-

Hip bumps – Cross over and full turn leftto 12 o'clock

Hip bumps to left and right (L-R-L-R) – Rf. cross over Lf. and make full turn left ...to 12 o'clock

Happy dancing..... Veel dansplezier.....

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