

# Air Balloon

COPPER KNOB  
BY STEPHEN HETS

拍数: 64                      墙数: 2                      级数: Intermediate  
编舞者: Dee Musk (UK) - April 2014  
音乐: Air Balloon - Lily Allen : (Single)



Intro: 4 Slow Counts Approx 02 seconds - start on vocals - Track approx 3 mins 48 secs BPM 96

Track available from [iTunes.co.uk](https://www.apple.com/itunes)

## Heel & Heel &, Kick & Point, & Point, & Cross & Heel, & Cross & Cross.

1&2&                      Touch R heel forward, step R beside L, touch L heel forward, step L beside R.  
3&4                      Kick R forward, step R beside L, point L to L side.  
&5                      Step L beside R, point R to R side.  
&6&7                      Step R beside L, cross L over R, step R to R side, touch L heel to L diagonal.  
&8&1                      Step L beside R, cross R over L, step L to L side, cross R over L. (12 o'clock).

## Back Side Cross, Back Side, Walk R Walk L, Rocking Chair.

2&3                      Step back on L, step R to R side, cross L over R.  
4&                      Step back on R, step L to L side.  
5,6                      Walk R, Walk L.  
7&8&                      Rock forward on R, recover weight to L, rock back on R, recover weight to L. (12 o'clock).

## Step, Step ¼ Turn R Cross, Rock & Cross, Rock ¼ Turn R Step, Kick Step.

1,2&3                      Step forward on R, step forward on L, make a ¼ turn R, cross L over R.  
4&5                      Rock R to R side, recover weight to L, cross R over L.  
6&7                      Rock L to L side, make a ¼ turn R, step forward on L.  
8&                      Kick R forward, step R beside L. (6 o'clock).

## Step, Lock Step, Step, Lock Step, Walk L, Walk R, Rocking Chair.

1,2&                      Step forward on L, cross lock R behind L, step forward on L.  
3,4&                      Step forward on R, cross lock L behind R, step forward on R.  
5,6                      Walk L, Walk R.  
7&8&                      Rock forward on L, recover weight to R, rock back on L, recover weight to R. (6 o'clock).

## Step, Forward Mambo, ½ Turn L, ¼ Turn L with Side Touch, Side Touch, Chasse R.

1                      Step forward on L.  
2&3                      Rock forward on R, recover weight to L, step back on R.  
4                      Make a ½ turn L stepping forward on L to 12 o'clock wall.  
5&                      Make a further ¼ turn L to 9 o'clock wall stepping R to R side, touch L beside R.  
6&                      Step L to L side, touch R beside L.  
7&8                      Step R to R side, close L beside R, step R to R side. (9 o'clock).

## Sailor Step, Sailor ¼ Turn R, Step ½ Turn R, L Shuffle Forward.

1&2                      Step L behind R, step R to R side, step L to L side.  
3&4                      Making a ¼ turn R step R behind L, step L to L side, step forward on R.  
5,6                      Step forward on L, make a ½ turn R.  
7&8                      Step forward on L, close R beside L, step forward on L. (6 o'clock).

**\*\*Restart from here during wall 2 – Begin again facing 12 o'clock.**

**\*\*Restart from here during wall 5 – Begin again facing 6 o'clock.**

## Cross & Heel & Touch Ball Cross, & Heel & Touch & Touch Ball Cross.

1&2&                      Cross R over L, step L to L side, touch R heel to R diagonal, step R beside L.  
3&4                      Touch L beside R, step down on L, cross R over L.

&5&6 Step L to L side, touch R heel to R diagonal, step down on R, touch L beside R.  
&7&8 Step down on L, touch R beside L, step down on R, cross L over R. (6 o'clock).

**Coaster Step, Mambo ½ L, Step ½ Turn L, Side Switches.**

1&2 Step back on R, close L beside R, step forward on R.

3&4 Rock forward on L, recover weight to R, make a ½ turn L stepping forward on L.

5,6 Step forward on R, make a ½ turn L.

7&8& Touch R toe to R side, step R beside L, touch L toe to L side, step L beside R. (6 o'clock).

**\*\*Restart: During walls 2 and 5 dance up to count 48 - begin again.**

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