

Air Balloon

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Dee Musk (UK) - April 2014
音乐: Air Balloon - Lily Allen : (Single)



Intro: 4 Slow Counts Approx 02 seconds - start on vocals - Track approx 3 mins 48 secs BPM 96

Track available from [iTunes.co.uk](https://www.apple.com/itunes)

Heel & Heel &, Kick & Point, & Point, & Cross & Heel, & Cross & Cross.

1&2& Touch R heel forward, step R beside L, touch L heel forward, step L beside R.
3&4 Kick R forward, step R beside L, point L to L side.
&5 Step L beside R, point R to R side.
&6&7 Step R beside L, cross L over R, step R to R side, touch L heel to L diagonal.
&8&1 Step L beside R, cross R over L, step L to L side, cross R over L. (12 o'clock).

Back Side Cross, Back Side, Walk R Walk L, Rocking Chair.

2&3 Step back on L, step R to R side, cross L over R.
4& Step back on R, step L to L side.
5,6 Walk R, Walk L.
7&8& Rock forward on R, recover weight to L, rock back on R, recover weight to L. (12 o'clock).

Step, Step ¼ Turn R Cross, Rock & Cross, Rock ¼ Turn R Step, Kick Step.

1,2&3 Step forward on R, step forward on L, make a ¼ turn R, cross L over R.
4&5 Rock R to R side, recover weight to L, cross R over L.
6&7 Rock L to L side, make a ¼ turn R, step forward on L.
8& Kick R forward, step R beside L. (6 o'clock).

Step, Lock Step, Step, Lock Step, Walk L, Walk R, Rocking Chair.

1,2& Step forward on L, cross lock R behind L, step forward on L.
3,4& Step forward on R, cross lock L behind R, step forward on R.
5,6 Walk L, Walk R.
7&8& Rock forward on L, recover weight to R, rock back on L, recover weight to R. (6 o'clock).

Step, Forward Mambo, ½ Turn L, ¼ Turn L with Side Touch, Side Touch, Chasse R.

1 Step forward on L.
2&3 Rock forward on R, recover weight to L, step back on R.
4 Make a ½ turn L stepping forward on L to 12 o'clock wall.
5& Make a further ¼ turn L to 9 o'clock wall stepping R to R side, touch L beside R.
6& Step L to L side, touch R beside L.
7&8 Step R to R side, close L beside R, step R to R side. (9 o'clock).

Sailor Step, Sailor ¼ Turn R, Step ½ Turn R, L Shuffle Forward.

1&2 Step L behind R, step R to R side, step L to L side.
3&4 Making a ¼ turn R step R behind L, step L to L side, step forward on R.
5,6 Step forward on L, make a ½ turn R.
7&8 Step forward on L, close R beside L, step forward on L. (6 o'clock).

****Restart from here during wall 2 – Begin again facing 12 o'clock.**

****Restart from here during wall 5 – Begin again facing 6 o'clock.**

Cross & Heel & Touch Ball Cross, & Heel & Touch & Touch Ball Cross.

1&2& Cross R over L, step L to L side, touch R heel to R diagonal, step R beside L.
3&4 Touch L beside R, step down on L, cross R over L.

&5&6 Step L to L side, touch R heel to R diagonal, step down on R, touch L beside R.
&7&8 Step down on L, touch R beside L, step down on R, cross L over R. (6 o'clock).

Coaster Step, Mambo ½ L, Step ½ Turn L, Side Switches.

1&2 Step back on R, close L beside R, step forward on R.

3&4 Rock forward on L, recover weight to R, make a ½ turn L stepping forward on L.

5,6 Step forward on R, make a ½ turn L.

7&8& Touch R toe to R side, step R beside L, touch L toe to L side, step L beside R. (6 o'clock).

****Restart: During walls 2 and 5 dance up to count 48 - begin again.**

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