

Bailando

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Maryloo (FR) - March 2014
音乐: Bailando (feat. Descemer Bueno & Gente de Zona) - Enrique Iglesias



Intro : 8 + 32 (26 seconds)

CROSS SAMBA (R.L.), SAMBA ¼ TURN RIGHT , CROSS SHUFFLE

1a2 Cross R over L, Step L to side, Recover weight on R
3a4 Cross L over R, Step R to side , Recover weight on L
5a6 Step forward on R, ¼ turn right & step L to side , recover on R (3.00)
7&8 Cross L over R, step R to side, cross L over R

MAMBO FORWARD, COASTER STEP, PIVOT 1/2 TURN LEFT, ½ TURN LEFT , SWEEP, BEHIND, SIDE, CROSS

1&2 Rock forward on R, recover on L, step back on L
3&4 Step back on L, step R next to L, step forward on L
5&6 Step forward on R, pivot ½ turn left (weight on L), ½ turn left stepping R back (3.00)
7&8 Sweep L out from front to back & step L behind R, step R to side, cross L over R (3.00)

SAMBA STEPS (R.L.), SIDE, TOGETHER, SHUFFLE ¼ TURN RIGHT,

1a2 Large step R to side, rock back on L, recover on R
3a4 Large step L to side, rock back on R, recover on L
5-6 Step R to side, step L together
7&8 Step R to side, step L together, ¼ turn right & step R forward (6.00)

MAMBO ½ TURN LEFT, TRIPLE ½ TURN LEFT, BACK, TOUCH, BACK, TOUCH, COASTER STEP

1&2 Rock forward on L, recover on R, ½ turn to left and step L forward (12.00)
3&4 Triple ½ turn L travelling backward : (R.L.R.) (6.00)
&5 Step back on L, touch/point R toe forward
&6 Step back on R, touch/point L toe forward
7&8 Step back on L, step R next to left, step L forward (6.00)

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