

Fragilidad

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Angels Guix (ES) - January 2014
音乐: Fragilidad (feat. Sting) - Rhythms del Mundo : (CD: Rhythms del mundo Cuba)



[1-8] vaudeville hop x 2

1-4 Step RF to right, cross LF over RF, step RF to right, tap heel of LF to left side
5-8 Step LF to left, cross RF over LF, step LF to left, tap heel of RF to right side

[9-16] vaudeville hop with ¼ turn left and kick, three steps backward, kick

1-4 Step RF to right, cross LF over RF, ¼ turn left and step RF back, kick LF forward
5-8 Step RF back, step LF back, step RF back, kick LF forward

[17-24] three steps forward, flick, three steps forward, hitch

1-4 Step LF forward, step RF forward, step LF forward, flick RF backward
5-8 Step Rf forward, step LF forward, step RF forward, hitch left knee or tap heel of LF

[25-32] side step cross x2, side rock step

1,2,3 Rock RF to right, recover on LF, cross RF over LF
4,5,6 Rock LF to left, recover on RF, cross LF over RF
7,8 Rock RF to right, recover on LF

[33-40] side cross side cross, ½ volta samba

1-4 Step RF to right, cross LF over RF, step RF to right, cross LF over RF
5-8 Repeat 33 to 36 to turn ½ to left in a wide circle

[41-48] side, together, ¼ turn and step forward, hold, ¼ turn and step side, together, side

1-4 Step RF to right, step LF together, ¼ turn right and step RF forward, hold
5-8 ¼ turn right and step LF to left, step RF together, step LF to left

[49-56] Repeat from 41 to 48

[57-64] step turn step, hold, three step turn forward, hold

1-4 Step RF forward, ½ pivot left and step on LF, step RF forward, hold
5-8 ½ turn right and step LF backward, ½ turn right and step RF forward, step LF forward, hold

Start again

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