

# Hop

拍数: 48      墙数: 2      级数: Phrased High Intermediate  
编舞者: Arefen Ben Djunaed (INA) - March 2014  
音乐: Hop by Aziz



Sequence: A – B – A – A – A – B – A – A – A – B  
Start Dancing on lyric

## A - 16 counts

### I. Rocking Chair, Sweapping, Behind, Side, Cross, (Hitch, Cross Shuffle) 2x

1&2            Rock R forward – Recover on L – Step R back swipping ronde L to back  
3&4&          Step L behind R – Step R to side – Cross L over R – Hitch R diagonally  
5&6&          Cross R over L – Step L to side – Cross R over L – Hitch L diagonally  
7&8            Cross L over R – Step R to side – Cross L over R

### II. Scissor, Turn Stepping 2x, Step Forward 3x, Step Side – Half Hip Roll Bounces

1&2            Step R to side – Step L next to R – Cross R over L  
3&4            Turn ¼ right stepping L back – Turn ¼ right stepping R to side – Step L forward  
5-6            Step R forward – Step L forward  
7&8            Step L to side rolling hip with bounce from right – front – left (weight on L)

## B - 32 counts

### I. Step Side, Cross Jump Hitching Figure 4, Step Back, Step Side, Cross Rock Recover, Back Rock Recover, Jump Forward Hitching Figure 4, Step Forward, Rock Recover, Step Back

&1            Step R side – Cross jump L over R, hitching R figure 4  
2&3&          Step R back – Step L to side – Rock R over L – Recover on L  
4&5            Rock R back – Recover on L – Jump R forward hitching L figure 4  
6-7&8        Step L forward – Rock R forward – Recover on L – Step R back

### II. Step Back, Jump Back Kicking, Step Forward, Samba Whisks, Lock Shuffle, Jazz Box Turn

&1-2          Step L back – Jump R back kicking slightly L forward (foot face forward) – Step L forward  
3a4            Step R long side – Ball L behind R – Step R in place  
5a6            Turn ¼ left stepping L forward – Ball R behind L – Step L forward  
7&8            Cross R over L – Turn ¼ right stepping L back – Step R to side

### III. Cross Jump Hitching Figure 4, Step Back, Step Side, Cross Rock Recover, Back Rock Recover, Jump Forward Hitching Figure 4, Step Forward, Rock Recover, Step Back

1            Cross jump L over R, hitching R figure 4  
2&3&          Step R back – Step L to side – Rock R over L – Recover on L  
4&5            Rock R back – Recover on L – Jump R forward hitching L figure 4  
6-7&8        Step L forward – Rock R forward – Recover on L – Step R back

### IV. Step Back, Jump Back Kicking, Step Forward, Samba Whisks, Lock Shuffle, Jazz Box Turn, Touch

&1-2          Step L back – Jump R back kicking slightly L forward (foot face forward) – Step L forward  
3a4            Step R long side – Ball L behind R – Step R in place  
5a6            Turn ¼ left stepping L forward – Ball R behind L – Step L forward  
7&8            Cross R over L – Turn ¼ right stepping L back – Step R beside L

No Tag! - No Restart! - No Ending!

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