

1950

拍数: 32 墙数: 4 级数: Improver
编舞者: Wolfgang Marten (DE) - April 2014
音乐: Follow Me (feat. Ruby Blu) (Radio Mix) - 1950



Intro: 32 counts

[1-8] Cross Rock, Chassé, Cross Rock Chassé

1,2 RF cross over LF, Recover on LF
3&4 RF step right (1), LF close to RF(&), RF step right (2)
5,6 LF cross over RF, Recover on RF
7&8 LF step left (1), RF step beside LF (&), LF step left (2)

[9-16] Step ¼ Turn, Kick Ball Step, Kick Ball Step, Walk, Walk

9,10 RF step forward, turn ¼ left [9:00]
11&12 RF Kick (1), step RF next to LF (&), Lf step forward (2)
13&14 RF Kick (1), step RF next to LF (&), Lf step forward (2)
15,16 RF walk forward, LF walk forward

[17-24] Side Rock, Sailor Step, Sailor ¼ turn, Shuffle

17&18 RF step right, Recover on LF
19&20 RF cross behind LF (1), LF step left (&), RF left step right (2)
21&22 LF cross behind RF ¼ turn left (1), RF step aside (&), LF step forward (2) [6:00]
23&24 RF step forward (1), LF close beside RF (&) RF step forward

[25-32] ½ turn, ½ turn, Step ¼ , Cross Shuffle, ¼ Turn, ¼ Turn

25,26 turn 1/2 right stepping LF back, turn 1/2 right stepping RF forward [6:00]
26,27 LF step forward, turn ¼ right [9:00]
29&30 LF cross over RF (1), RF close to LF (&), LF cross over LF (2)
31,32 turn ¼ left RF step back, turn ¼ left LF step left [3:00]

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