

Everybody Get Up

COPPERKNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Wolfgang Marten (DE) - April 2014
音乐: Get Up (Video Mix) (feat. Nicco) - Darius & Finlay



Intro: 20 counts

[1-8] Grapevine Right, Diagonally Touches (2x)

1,2 RF step right, LF cross behind RF
3,4 RF step right, LF touch next to RF
5,6 LF step left, RF touch diagonally forward to left
7,8 RF step right, LF touch diagonally forward to right

[9-16] Grapevine ¼ Turn Left, Brush, Rocking Chair

9,10 LF step left, RF cross behind LF
11,12 LF turn ¼ left, RF brush [9:00]
13,14 RF rock forward, recover on LF
15,16 RF rock back, recover on LF

[17-24] Walk (3x), Kick, Step Back (3x), Touch

17,18 RF walk forward, LF walk forward
19,20 RF walk forward, LF kick
21,22 LF step back, RF step back
23,24 LF step back, RF touch next to LF

(Put your hand up while kick on the word "Hey")

[25-32] Step ¼ Turn (2x), Jazzbox Cross

25,26 RF step forward, turn ¼ left [6:00]
26,27 RF step forward, turn ¼ left [3:00]
29,30 RF cross over LF, LF step back
31, 32 RF step to right side, LF cross over RF

Contact: wolfgang.marten@arcor.de