

# Freak The Beat

拍数: 64                      墙数: 2                      级数: Improver  
编舞者: Jonathan Williamson (UK) - March 2014  
音乐: I'm a Freak (feat. Pitbull) - Enrique Iglesias : (Album: Sex and Love)



**Start Dance: Count 48 (22 seconds) from beginning of track**

## **WALK ,WALK, OUT, OUT, STEP KNEE DIPS X2**

1-2                      Walk forward right, left  
&3-4                    Step right to right side, step left to left side, step forward on right  
5-6                    Bending at knees 'sit' down, stand back up keeping weight on left  
7-8                    Bending at knees 'sit' down, stand back up keeping weight on left

## **CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS SHUFFLE**

1-2                    Cross right over left, step left to left side  
3-4                    Step right behind left, sweep left foot from front to back  
5-6                    Step left behind right, step right to right side  
7&8                    Cross left over right, step right to right side, cross left over right

## **¼, ½, ½ SHUFFLE, ROCK, RECOVER, COASTER STEP**

1-2                    ¼ turn right stepping forward right, ½ turn right stepping back left  
3&4                    ½ turn right stepping forward right, step left besides right, stepping forward right  
5-6                    Rock forward left, recover weight back on right  
7&8                    Step back left, step right besides left, step forward left

## **FORWARD, SIDE, SWITCH AND SWITCH, CROSS POINT, SIDE POINT, HITCH AND STEP**

1-2                    Point right toe forward, point right toe to right side  
&3&4                    Step right besides left, point left to left side, step left besides right, point right to right side  
5-6                    Point right across left, point right to right side  
7-8                    Hitch right knee , step forward right

## **KICK BALL CROSS X2, ROCK, RECOVER, BEHIND SIDE CROSS**

1&2                    Kick left to left diagonal, step left besides right, cross right over left  
3&4                    Kick left to left diagonal, step left besides right, cross right over left  
5-6                    Rock left to left side, recover weight back on right  
7&8                    Step left behind right, step right to right side, cross left over right

## **KICK BALL CROSS, AND CROSS, SIDE, ROCK RECOVER, SHUFFLE ½ TURN**

1&2                    Kick right to right diagonal, step right besides left, cross left over right  
&3-4                    Step right to right side, cross left over right, step right to right side  
5-6                    Rock back left, recover weight forward on right  
7&8                    ½ turn right stepping back on left, step back right besides left, step back left

## **ROCK RECOVER, ½ TURN X2, RIGHT SHUFFLE, STEP ¼ TURN**

1-2                    Rock back right, recover weight forward on left  
3-4                    ½ turn left stepping back right, ½ turn left stepping forward left  
5&6                    Step forward right, step left besides right, step forward right  
7-8                    Step forward left, ¼ turn left

## **CROSS, SIDE, SAILOR STEP, CROSS, ¼, ¼, STEP**

1-2                    Cross left over right, step right to right side  
3&4                    Sweep left behind right, step right to right side, step left besides right

5-6 Cross right over left,  $\frac{1}{4}$  turn right stepping back left  
7-8  $\frac{1}{4}$  turn right stepping forward right, step forward left

**ENDING: Dance finishes on step 32 of wall 7.**

**To end dance, after hitch step (31),  $\frac{1}{4}$  turn left stepping forward left to finish dance on front wall.**

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