

Yank

拍数: 32 墙数: 4 级数: Beginner
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音乐: Yank by Wali Band



SIDE, TOGETHER, FORWARD, TOE TOUCH, SIDE, TOGETHER, BACKWARD, TOE TOUCH

1 – 2 Step L to left side, Step R together L
3 – 4 Step L forward, Touch R toe beside L
5 – 6 Step R to right side, Step L together R
7 – 8 Step R backward, Touch L toe beside R

BACK, RECOVER, TOGETHER, TOUCH

1 – 2 Step back on L (lean to left), Recover on R
3 – 4 Step L together R, Touch R toe beside L
5 – 6 Step back on R (lean to right), Recover on L
7 – 8 Step R together L, Touch L toe beside R

SIDE, TOGETHER, SIDE, TOUCH, FULL TURN SIDE

1 – 2 Step L to left side, Step R together L
3 – 4 Step L to left side, Touch R toe beside L
5 – 6 ¼ turn right step R forward, ½ turn right step back on L
7 – 8 ¼ turn right step R to right side, Touch L toe beside R

FORWARD, ¼ TURN, CROSS, HOLD, SIDE, RECOVER, CROSS

1 – 2 Step L forward, ¼ turn right weight on R
3 – 4 Cross L over R, Hold
5 – 6 Rock R to right side, Recover on L
7 – 8 Cross R over L, Hold

TAG : After wall 9

SIDE, RECOVER, TOGETHER, SIDE, RECOVER, TOGETHER, FORWARD

1 – 2 Rock L to left side, Recover on R
3 – 4 Step L together R, Rock R to right side
5 – 6 Recover on L, Step R together L
7 Step L forward

TOGETHER, STOMP, STOMP, BACK, TOGETHER, STOMP, STOMP, SWAY

8 & 1 Step R together L, Stomp L-R in place
2 Step back on L
3 & 4 Step R together L, Stomp L-R in place
5-6-7-8 Hip sway L-R-L-R

Restart : Wall 12 after 8 counts (facing 09:00)

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