

2 Sarah

拍数: 48 墙数: 4 级数: Easy-ish Intermediate
编舞者: Martie Papendorf (SA) - March 2014
音乐: Ode to You (feat. Nonku) - Jack Parow



No Tags, 1 Restart on 12.00.

Start on lyrics: "Nine to 5"...just after "There's a hand on your throat and it's holding tight" after 40 counts from start of track [+/- 19 sec.]

S1: Rock across back, Step, Cross, Side, Heel, &, Rock fwd back, Sailor touch ¼ right,

1,2 Rock R across L, Recover L back,
&3& Step R next to L, Step L across R, Step R to right side,
4 Touch L heel to left diagonal,
&5,6 Step L next to R, Rock R fwd, Recover L back,
7&8 Sweep R out and step behind L making a ¼ turn right, Step L to left side, Touch R next to L [3.00]

S2: Diagonal, Lock, Step, Heel, Step, Heel, Step, Lockstep fwd, Coaster fwd

1,2 Step R to right diagonal, Lock L behind R,
&3&4 Step R next to L, Touch L heel fwd, Step L next to R, Touch R heel fwd,
&5&6 Step R in place, Step L fwd, Lock R behind L, Step L fwd,
7&8 Step R fwd, Step L next to R, Step R back [3.00]

S3: &, Step, Pivot ½ left, Step, Shuffle full turn right, Fwd, Step, Lift kick, Sailor step

&1,2 Step L next to R, Step R fwd, Make a ½ turn left stepping L fwd, [9.00]
&3&4 Step R fwd, Step L back making a ½ turn right, Step R fwd making a ½ turn right, Step L fwd, [9.00]
&5,6 Step R fwd, Step L next to R, Lift kick L to left side,
7&8 Step L behind R, Step R to right side, Step L to left side [9.00]

S4: Cross, Back, Side, Cross shuffle, Monterey ½ right, Funky rock recover touch to right

1,2 Step R across L, Step L back,
&3&4 Step R to right side, Step L across R, Step R to right side, Step L across R,
5& Point R to right side, Step R to right side making a ½ turn right, [3.00]
6& Point L to left side, Step L next to R,
7&8 Rock R big step to right side lifting L, Recover L to left side, Touch R to L [3.00]

Restart here during wall 2, facing 12.00

S5: Cross, Hold, Fwd shuffle, Side ¼ left, Together, Heel ¼ right, Coaster step

1,2 Step R across L, Hold,
3&4 Step L fwd, Step R next to L, Step L fwd,
&5,6 Step R to right side making a ¼ turn left, Step L next to R, [12.00] Touch R heel fwd making a ¼ turn right, [3.00]
7&8 Step R back, Step L next to R, Step R fwd [3.00]

S6: Left samba, Right samba, Left samba ½ left, Step, Scuff, Step, Heel

1&2 Rock L across R, Recover R to right side, Step L to left side,
3&4 Rock R across L, Recover L to left side, Step R to right side,
5&6 Rock L across R, Recover R back making ¼ turn left, [12.00] Step L to left side making ¼ turn left, [9.00]
&7&8 Step R next to L, Scuff L across R, Step L next to R, Touch R heel across L [9.00]

Restart: during wall 2 after section 4, facing 12.00□

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