

Soul Fire (烈火灼身) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Ria Vos (NL) - 2012年10月
音乐: Woo - Anthony Hamilton : (Album: Back To Love)



Intro: 24 Counts (± 19 sec.)

24拍(約19秒)後起跳

第一段 □ Walk Fwd R, ½ Turn R, Sailor Cross ¼ Turn R, & Side, Together, Cross, Paddle ½ L
踏, 反轉, 右90水手交叉, 側 併, 交叉, 左90划槳步兩次

- 1-2 Step Fwd on R, ½ Turn Right Step Back on L (6:00)
右足前踏, 右轉180度左足後踏(面向6點鐘)
- 3&4 Cross R Behind L Turning ¼ Right, Step L to Left Side, Cross R Over L (9:00)
右足於左足後交叉右轉90度, 左足左踏, 右足於左足前交叉踏(9點鐘)
- &5 Step/Jump L to Left Side, Step R Next to L
左足左踏, 右足併踏
- 6 Cross L Over R
左足於右足前交叉踏
- &7 Hitch R Turning ¼ Left, Point R to Right Side (6:00)
左轉90度右足抬, 右足右點(面向6點鐘)
- &8 Hitch R Turning ¼ Left, Point R to Right Side (3:00)
左轉90度右足抬, 右足右點(面向3點鐘)

第二段 □ Kick & Rock & Cross, Side, 1/8 L Back, Back, 3/8 L, Step, Pivot ½ Turn L, Step, Lock
踢 交, 側下沉 回復, 交叉 側, 左45後 後, 左135, 踏 轉, 踏 鎖

- 1& Kick R Fwd, Cross R Over L
右足前踢, 右足於左足前交叉踏
- 2& Rock L to Left Side, Recover on R
左足左下沉, 右足回復
- 3& Cross L Over R, Step R to Right Side
左足於右足前交叉踏, 右足右踏
- 4& 1/8 Turn Left Step Back on L, Step Back on R (facing 1:30)
左轉45度左足後踏, 右足後踏(面向1:30)
- 5 3/8 Turn Left Step Fwd on L (9:00)
左轉135度左足前踏(面向9點鐘)
- 6-7 Step Fwd on R, Pivot ½ Turn Left (3:00)
右足前踏, 左軸轉180度(面向3點鐘)
- 8& Step Fwd on R, Lock L Behind R
右足前踏, 左足於右足後鎖踏

*** Restart After Count 16& on wall 2 (6:00) and 5 (3:00)

第二面牆(面向6點鐘)及第五面牆(面向3點鐘)跳至此, 從頭起跳

第三段 □ Step, ¼ R Point, Step, Step Pivot ½ Turn L, Full Spiral L, Step, Fwd Rock, Side Rock
踏, 反轉90前點, 踏, 踏 轉, 踏 左螺旋轉, 下沉 回復, 側下沉 回復

- 1 Step Fwd on R
右足前踏
- 2-3 ¼ Turn Right Point L Slightly Fwd with bended Knee, Step Fwd on L (6:00)
右轉90度左足前點膝略彎, 左足前踏(面向6點鐘)
- 4& Step Fwd on R, Pivot ½ Turn Left (12:00)
右足前踏, 左軸轉180度(面向12點鐘)
- 5-6 Step Fwd on R and Spiral Full Turn Left, Step Fwd on L (12:00)
右足前踏左螺旋轉, 左足前踏(面向12點鐘)

7& Rock Fwd on R, Recover on L

右足前下沉, 左足回復

8& Rock R to Right Side, Recover on L

右足右下沉, 左足回復

第四段 Behind, Point, Cross Samba Step, Cross, Side, Behind, ¼ L, Step, Pivot ½ Turn L

後交叉點, 交叉森巴, 交叉, 側, 後, 左90踏, 踏轉

1-2 Step R Behind L, Point L to Left Side

右足於左足後交叉踏, 左足左點

3&4 Cross L Over R, Rock R to Right Side, Recover on L

左足於右足前交叉踏, 右足右下沉, 左足回復

5&6 Cross R Over L, Step L to Left Side, Step R Behind L

右足於左足前交叉踏, 左足左踏, 右足於左後交叉踏

7&8 ¼ Turn Left Step Fwd on L, Step Fwd on R, Pivot ½ Turn Left (3:00)

左轉90度左足前踏, 右足前踏, 左軸轉180度(面向3點鐘)
