

Beginner's Waltz

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner - waltz
编舞者: K. Sholes (USA) - March 2014
音乐: Rose Colored Glasses - John Conlee : (for slow beginner...any speed for advanced)



Diagonal Step-touch-pauses, Mambo steps

1-3 Step R diagonally to right, Touch L next to R, Pause
4-6 Step L diagonally to left, Touch R next to L, Pause

1-3 Rock forward R, Recover L, Step R next to L.
4-6 Rock L back, Recover R, Step L next to R.

Step-touch-pauses (1/4 turn), Vines

1-3 Step R 1/4 turn to right, Touch L next to R, Pause.
4-6 Step L diagonally to left, Touch R next to L, Pause.

1-3 Step R to side, Step L behind R, Step R to side.
4-6 Step L to side, Step R behind L, Step L to side.

Forward Steps, Rock-recover-steps

1-3 Step forward R, Step forward L, Step forward R.
4-6 Step forward L, Step forward R, Step forward L.

1-3 Rock R across L, Recover L, Step R to side.
1-6 Rock L across R, Recover R, Step L to side.

Back Steps, Rock-recover-steps

1-3 Step back R, Step back L, Step back R.
4-6 Step back L, Step back R, Step back L.

1-3 Rock R across L, Recover L, Step R to side.
4-6 Rock L across R, Recover R, Step L to side.

Begin Again! Enjoy!

Contact: karensholes@hotmail.com
