

# Only A Woman

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Karen Hadley (UK) - March 2014  
音乐: Only a Woman - Enrique Iglesias : (Album: Sex & Love)



## \*16 count intro

### R Back, L Coaster Step, Sweep, R Cross, L Back, Lunge R, ¼ Turn L, Step R, ½ Turn L, Step R

- 1            Large step back on Right  
2&3        Step back on Left, step Right beside Left, step forward on Left  
&4&        Sweep Right out from back to front, cross step Right over Left, step back on Left  
5-6        Lunge out on Right to right side, recover on to Left with 1/4 turn left (9:00)  
7&8        Step forward on Right, pivot ½ turn left, step forward on Right (3:00)

### Full Triple Forward, Run Back R & L, Twist ¼ Turn R on R, Recover ¼ L, Cross Rock, Side Rock, Back Rock

- 1&2        On ball of Right ½ turn Right stepping back on Left, on ball of Left ½ turn Right stepping forward on Right, step forward on Left. (Alternative for 2&3 – Three runs forward:- L, R, L)  
3&        Run back on Right, run back on Left  
4-5        Rock back on Right turning body ¼ right looking over right shoulder, recover ¼ turn left on to Left  
6&7&      Cross rock Right over Left, recover on to Left, rock on Right out to right side, recover on to Left  
8&        Rock back on Right, recover on to Left \*

\*(Restart here at this point on walls 2 & 5 only)

### R Step Forward, Sweep, Weave R, Sweep, Behind, L Side, Diagonal Cross Step (1/8 Turn L)

- 1&        Step forward on Right, sweep Left out from back to front  
2&3        Cross step Left over Right, step Right to right side, cross step Left behind Right  
&4&        Sweep Right out from front to back, cross step Right behind Left, step Left to left side  
5        Making 1/8 turn left step forward on Right (1:30)

### ¼ Turning L Forward Coaster, Back, 3/8 Turn Closing Together, R Large Step Side

- 6&7        Making 1/8 turn left step forward on Left (12:00), step Right beside Left, making 1/8 turn left step back on Left (11:30)  
8&1        Step back on Right, making 3/8 turn left step Left beside Right (6:00), large step Right to right side

### Behind, Side, Cross, Side Rock & Cross, Reverse Rolling Vine Left, Cross Back Rock, ¼ Turn L

- 2&3        Cross step Left behind Right, step Right to right side, cross step Left over Right  
4&5        Rock on Right out to right side, recover on to Left, cross step Right over Left  
6&7        Turn ¼ right stepping back on Left, turn ½ right stepping forward on Right, turn ¼ right stepping Left to left side  
8&        Cross rock Right behind Left, recover on to Left making ¼ turn Left (3:00)

Begin again & enjoy :-)

Restarts:- On walls 2 & 5 only, dance up to count 16 &, then Restart the dance from count 1, so you will be doing a back rock recover, then stepping back on Right instead of forward facing 6 o'clock on wall 2 and facing 3 o'clock on wall 5).

Contact: karenh@nulinedance.com

