

Cool Can Koozie

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Novice Beginner
编舞者: Lynn Card (USA) - March 2014
音乐: Beachin' - Jake Owen
或: Good People - Little Big Town



To the right: Side Step, Step Together, Shuffle R,L,R, Back Rock Step, Kick Ball Change

1,2,3&4 Step R to right side, step L next to R, step R to right side, step L next to right, step R to right side
5,6,7&8 At slight diagonal back to 5 o'clock rock back on L, recover forward on R, kick L forward at slight diagonal to 11 o'clock, step L back, recover forward on R

To the left: Side Step, Step Together, Shuffle L,R,L, Back Rock Step, Kick Ball Change

1,2,3&4 Step L to left side, step R next to L, step L to left side, step R next to L, step L to left side
5,6,7&8 At slight diagonal back to 7 o'clock rock back on R, recover forward on L, kick R forward at slight diagonal to 1 o'clock, step R back, recover forward on L

Vine Right, ½ Turn Clockwise, Snap, Vine Left

1,2,3,4 Step R to right side, cross L behind R, step R to right side, turn ½ clockwise and touch L next to R with a snap as you come together(6 o'clock)
5,6,7,8 Step L to left side, cross R behind L, step L to left side, touch R next to L

Hip Pop Right, Hip Pop Left, Two 1/8 Counter Clockwise Turns

1,2,3,4 Step R to right side, pop R hip up to right side, step L to left side, pop L hip up to left side
5,6,7,8 Make an 1/8 turn twice counter clockwise rocking side to side R, L, R, L. With each step on the R, make an 1/8 turn. (this is kind of like a pendulum and swinging your arms with your rock steps R,L,R,L) (end up facing 3 o'clock)
(This can also be simplified as two 1/8 push turns counter clockwise)

Contact - Lynn Card - Lynncard28@gmail.com
