

Time For Changes

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Marie Sørensen (TUR) & Sally Hung (TW) - March 2014

音乐: Time for Changes - Michael Learns to Rock : (Album: That's Why - You Go Away - iTunes)



Intro: 32 Counts

S1. SIDE, SLIDE, BACK ROCK, RECOVER, VINE 1/4 TURN LEFT, BRUSH

1-2 Step right at big step to the right side, drag left up to right
3-4 Back rock left, recover
5-6 Step left to left side, cross right behind left
7-8 1/4 turn left, step fwd. left, hold (09:00)

Restart the dance at this point during wall 9 - Facing 09:00

S2. CROSS, HITCH & 1/2 TURN, STEP FWD. HOLD, RUN FWD. RIGHT, LEFT, RIGHT, 1/4 TURN LEFT & HITCH

1-2 Cross right over left, hitch left & make a 1/2 turn right, on the ball of right (Weight on right)
3-4 Step fwd. left, hold
5-6 Run fwd. right, left (03:00)
7-8 Run fwd. right, hitch left and make a 1/4 turn left, on the ball of right (12:00) (Weight on right)

S3. SIDE, TOUCH, 1/4 TURN RIGHT, SIDE, TOUCH, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1-2 Step left to left side, touch right beside left & clap
3-4 1/4 turn right, step right to right side, touch left beside right & clap
5-6 Rock left to left side, recover
7&8 Cross left behind right, step right to right side, cross left over right (03:00)

Restart the dance at this point during wall 11 - Facing 03:00

S4. VINE, STEP FWD. LEFT, ROCKIN` CHAIR

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, step fwd. left
5-6 Rock fwd. right, recover
7-8 Rock back, recover (03:00)

RESTARTS:-

During wall 9, after 8 counts - Facing 09:00

During wall 11, after 24 counts - Facing 03:00

Have Fun!

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