

Hold On Me

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Intermediate - Smooth NC
编舞者: Ronald "RONNIE" Grabs (DE) - March 2014
音乐: Hold On - Michael Bublé



R SIDE BASIC / STEPPING FULL TURN L / SLOW CROSS LUNGE-HOLD / STEPPING 1 & 1/4 L

- 1,2& step right foot to side, cross step left slightly behind right (3rd), cross step right foot in front of left,
3,4& turn 1/4 left stepping left foot forward, turn 1/2 left stepping right foot slightly back, turn 1/4 left stepping left foot to left side,
5-6 cross lunge right foot across left to 10:30 bending right knee and hold for 1 count,
7 recover weight back on to left foot,
8&1 turn 1/4 right stepping right foot forward, turn 1/2 right stepping left foot slightly back, turn 1/2 right stepping right foot forward,

1/2 R PIROUETTE / STEP-HOLD / STEP / 3x FWD. RUNS / 1/4 L SWEEP-CROSS

- 2,3-4 turn 1/2 right as you hold left foot near right shin (pirouette), step left foot forward (face 9:00) and hold for 1 count,
5 step right foot forward,
6&7-8 step left foot forward, step right foot forward, step left foot forward and turn 1/4 left (face 6:00) sweeping right foot back to front, cross step right foot in front of left

L SIDE BASIC / 1/4 L FALLAWAY / 1/4 L 3x DIAG RUNS FWD. / STEP-SLOW 5/8 PIVOT L

- 1,2& step left foot to side, cross step right slightly behind left (3rd), cross step left foot in front of right,
3,4& step right foot to side, turn 1/8 left (face 4:30) stepping left foot back, step right foot back,
5,6& turn 1/4 left (face 1:30) stepping left foot to left side, step right foot forward, step left foot forward
7,8-1 step right foot forward, slow turn 5/8 left (face 6:00) changing weight on to left foot,

STEPPING FULL TURN R / WEAWE-SWEEP / BEHIND-1/4 L STEP / STEP-3/4 PIVOT L

- 2&3 step right foot forward, turn 1/2 right stepping left foot slightly back, turn 1/2 right stepping right foot forward sweeping left foot back to front,
4&5 cross step left foot in front of right, step right foot to right side, cross step left foot behind of right sweeping right foot front to back,
6& cross step right foot behind of left, turn 1/4 left (face 3:00) stepping left foot forward,
7,8& step right foot forward, turn 1/2 left (face 9:00) changing weight on to left foot, turn another 1/4 left (face 6:00) on left foot before you start again,

REPEAT

TAGS 1 & 3: After wall 1 & 3 dance the follow 8 counts and restart:

R SIDE BASIC / 1/4 L STEP / STEP-3/4 PIVOT L / R SIDE BASIC / L SIDE BASIC

- 1,2& step right foot to side, cross step left slightly behind right (3rd), cross step right foot in front of left,
3,4& turn 1/4 left stepping left foot forward, step right foot forward, turn 1/2 left changing weight on to left foot and turn another 1/4 left,
5,6& step right foot to side, cross step left slightly behind right (3rd), cross step right foot in front of left,
7,8& step left foot to side, cross step right slightly behind left (3rd), cross step left foot in front of right,

TAG 2: After wall 2 dance the follow 4 counts and restart:

R SIDE BASIC / 1/4 L STEP / STEP-3/4 PIVOT L

- 1,2& step right foot to side, cross step left slightly behind right (3rd), cross step right foot in front of left,
- 3,4& turn 1/4 left stepping left foot forward, step right foot forward, turn 1/2 left changing weight on to left foot and turn another 1/4 left,

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