

Polythene Cha Cha

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Michele Perron (CAN) - March 2014
音乐: Polythene Queen - Miss Li : (Album: Dancing the whole way home - 3:34)



Introduction: 32 Counts - CW Rotation

Christmas Selection: Not So Merry Christmas □ Raul Malo [105 bpm - 2:52 minutes]
Album: Marshmallow World & Other Holiday Favorites

Sec. I (1- 8) SIDE, ROCK/BACK, RECOVER/FORWARD, R CHA CHA SIDE, L SAILOR, R SAILOR, TOGETHER

1,2,3 LEFT Step side L, RIGHT Rock/Step back, LEFT Recover/Step forward [in place]
4,&,5 RIGHT Cha Cha Cha side R [R side, L tog, R side]
6,&,7 LEFT Sailor [L cross behind R, R side R, L recover/side L]
&,8,&,1 RIGHT Sailor [R cross behind, L side L, R recover/side R, LEFT Step beside R

Sec. II (9-16) ROCK/FORWARD, R CHA CHA FORWARD, RECOVER/BACK, &-FORWARD-SWEEP, ACROSS-TURN-SIDE

2,3 RIGHT Rock/Step forward, LEFT Recover/Step back [in place]
4,&,5 Turn 1/2 R with RIGHT Cha Cha Cha [R side/ turn, L tog, R forward/ turn] □□□□[6 o'clock]
&,6,7 LEFT Toe/Ball Step behind R, RIGHT Recover/Step forward, LEFT Toe/Ball Sweep from back to front
8,&,1 LEFT Step across front of R, RIGHT Step back beginning 1/4 Turn L, LEFT Step side L completing 1/4 Turn L □[3 o'clock]

Sec. III (17-24) ROCK/ACROSS, RECOVER/BACK, R CHA CHA SIDE, L SALSA FORWARD, R SALSA BACK□□□

2,3 RIGHT Rock/Step across front of L, LEFT Recover/Step back [in place]
4,&,5 RIGHT Cha Cha Cha side R [R side, L beside, R side]
6,&,7 LEFT Salsa forward, facing diagonal R [L across front of R, R back, L back]
8,&,1 RIGHT Salsa back, facing diagonal R [R back, L forward, R forward]

Sec. IV (25-32) FORWARD, TURN, 2 CROSSOVER WALKS, BACK/TURN, SIDE, DRAG [TANGO DRAW]

2,3 LEFT Step forward, Turn 1/2 R with RIGHT Step forward [facing diagonal R] □□□□[9 o'clock]
4,5 LEFT Crossover Walk forward, RIGHT Crossover Walk forward [facing diagonal R]
6,7,8 LEFT Step back with 1/2 Turn R, RIGHT Step side R, LEFT Draw/Slide to R [Tango Draw] [3 o'clock]

Begin Again

“Tango Tag”: 8 Counts:

Tag occurs after three rotations, [3 walls]; you will be facing 9 o'clock wall, execute the 8 count “Tango Tag” once.

Tag: SIDE, ACROSS, TAP, BACK; BACK, LOCK, BACK, HOOK UP

1,2 LEFT large Step side L, RIGHT Step across front of L
3,4 LEFT Toe/Tap behind R, LEFT Step back [facing diagonal L]
5,6 RIGHT Step back, LEFT Lock/Step across front of R [facing diagonal L]
7,8 RIGHT Step back, LEFT “Hook” Up across front of R [facing diagonal L]

[You will ‘straighten’ to centre on Count 1 on next rotation]

Optional Ending: On last rotation, Sec. IV: execute Counts 2,3,4 [12 o'clock], Count 5 [6 o'clock] (as written);

then add –

Turn 1/4 R with Right Step forward [9 o'clock], Turn 1/4 R with Left large Step side L into left lunge & hit a POSE

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