

The South

拍数: 32 墙数: 4 级数: Beginner
编舞者: Tracy Stoecker - March 2014
音乐: The South - The Cadillac Three



KICK, KICK, SLAP, 1/4 TURN SLAP, VINE RIGHT

- 1-2 Kick R foot forward 2 times
- 3-4 Slap R foot with left hand, make 1/4 turn left while slapping R foot with R hand.
- 5-6 Step out right with R foot, step behind with L.
- 7-8 Step out with R, step together with L.

HOP LEFT 2 TIMES, HEEL SPLIT, TOE SPLIT

- 1-2 Hop both feet to the left
- 3-4 Hop both feet left again
- 5-6 With weight on toes, open then close heels
- 7-8 With weight on heels open then close toes

ROCKING CHAIR, HITCHKICK, ROCK BACK RECOVER

- 1-2 Step forward onto right foot, recover weight back onto left foot
- 3-4 Step back with right foot, recover weight forward onto left foot
- 5-6 Kick right foot forward then switch and kick out left foot
- 7-8 Rock back onto left foot, recover weight forward onto right foot

HALF TURN, HITCHKICK, ROCK BACK RECOVER, STEP, STEP

- 1-2 Step forward with left foot and half turn over right shoulder
- 3-4 Kick left foot forward then switch and kick out right foot
- 5-6 Rock back onto right foot and recover forward onto left
- 7-8 Step right foot together then step left in place transferring weight onto left

IMPORTANT NOTES

*This dance Restarts twice, both times at the chorus "It's all about the south"- Start kicks on the word 'south'

1st Restart happens on 4th wall after rocking chair
2nd Restart happens after toe split on the 10th wall

*There is also a pause in the dance, or a hold, this happens at the end of the song after the bridge, wait for the chorus "It's all about the south" remembering you kick on the word 'south'.
You can stomp twice it goes well with the beat!

Enjoy!

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