

Trail of Tears (P)

COPPER KNOB
BY STEPHEN METZ

拍数: 24 墙数: 0 级数: Low Intermediate - Partner
编舞者: M. Vasquez (UK) - March 2014
音乐: The Trail of Tears - Rob Allen : (roballengcountry.com)



Partners start the dance facing each other holding both hands in front of body at a comfortable arms length.
Dance starts on the 3rd guitar note!

Section 1:

Partner (Inside Circle)

Rhumba Box

- 1-2 Step R foot to R side, step L next to R
- 3-4 Step R foot forward, touch L next to R
- 5-6 Step L foot to L side, step R next to L
- 7-8 Step L foot back, touch R next to L

Partner (Outside Circle)

Reverse Rhumba Box

- 1-2 Step L foot to L side, step R next to L
- 3-4 Step L foot back, touch R next to L
- 5-6 Step R foot to R side, step L next to R
- 7-8 Step R foot forward, touch L next to R

Section 2:

Partner (Inside Circle)

Back Rock and Recover, Touch and Hold, Cross Rock and Recover, Touch and Hold, Side-Together, ¼ Turn Step and Hold, Step, ½ Pivot, Touch and Hold

- 1&2& Rock back on R, recover forward on L, touch R next to L, hold for 1 count on '&'
- 3&4& Cross R over L (release L hand as you cross), recover back on L (return to holding partners hands), touch R next to L, hold for 1 count on '&'
- 5&6& Step R foot to R side, step L next to R, ¼ turn R stepping onto R foot (release R hand as you ¼ turn), hold for 1 count on '&'
- 7&8& Step forward on L foot (release L hand), pivot ½ turn R (transfer weight to R foot), touch L toe next to R foot (R hand holds partners L hand), hold for 1 count on '&'

Partner (Outside Circle)

Forward Rock and Recover, Touch and Hold, Cross Rock and Recover, Touch and Hold, Side-Together, ¼ Turn Step and Hold, Step, ½ Pivot, Touch and Hold

- 1&2& Rock forward on L, recover back on R, touch L next to R, hold for 1 count on '&'
- 3&4& Cross L over R (release R hand as you cross), recover back on R (return to holding partners hands), touch L next to R, hold for 1 count on '&'
- 5&6& Step L foot to L side, step R next to L, ¼ turn L stepping onto L foot (release L hand as you ¼ turn), hold for 1 count on '&'
- 7&8& Step forward on R foot (release R hand), pivot ½ turn L (transfer weight to L foot), touch R toe next to L foot (L hand holds partners R hand), hold for 1 count on '&'

Section 3:

Partner (Inside Circle)

Side Step as you ¼ Pivot, Figure 8, Touch and Hold

- 1&2& Step L foot to L side as you ¼ pivot R on ball of R foot (return to holding partners hands), cross R foot behind L, ¼ turn L stepping onto L foot (release L hand as you ¼ turn), hold for 1 count on '&'

- 3&4& Step forward on R foot (release R hand), pivot $\frac{1}{2}$ turn L, (transfer weight to L foot), step R foot to R side as you $\frac{1}{4}$ pivot L on ball of L foot (return to holding partners hands), hold for 1 count on '&'
- 5&6& Cross L foot behind R, $\frac{1}{4}$ turn R stepping onto R foot (release R hand as you $\frac{1}{4}$ turn), step forward on L foot (release L hand), hold for 1 count on '&'
- 7&8& Pivot $\frac{1}{2}$ turn R (weight ending up on R foot), step L foot to L side as you $\frac{1}{4}$ pivot R on ball of R foot (return to holding partners hands), touch R toe next to L foot, hold for 1 count on '&'

Partner (Outside Circle)

Side Step as you $\frac{1}{4}$ Pivot, Figure 8, Touch and Hold

- 1&2& Step R foot to R side as you $\frac{1}{4}$ pivot L on ball of L foot (return to holding partners hands), cross L foot behind R, $\frac{1}{4}$ turn R stepping onto R foot (release R hand as you $\frac{1}{4}$ turn), hold for 1 count on '&'
- 3&4& Step forward on L foot (release L hand), pivot $\frac{1}{2}$ turn R, (transfer weight to R foot), step L foot to L side as you $\frac{1}{4}$ pivot R on ball of R foot (return to holding partners hands), hold for 1 count on '&'
- 5&6& Cross R foot behind L, $\frac{1}{4}$ turn L stepping onto L foot (release L hand as you $\frac{1}{4}$ turn), step forward on R foot (release R hand), hold for 1 count on '&'
- 7&8& Pivot $\frac{1}{2}$ turn L (weight ending up on L foot), step R foot to R side as you $\frac{1}{4}$ pivot L on ball of L foot (return to holding partners hands), touch L toe next to R foot, hold for 1 count on '&'

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