

Land of a Thousand Dances

COPPERKNOB
STEPSHEETS

拍数: 120 墙数: 1 级数: Phrased Intermediate - Novelty
编舞者: Roy Verdonk (NL) & Wil Bos (NL) - March 2014
音乐: Land of a Thousand Dances - Jessica Mauboy



Sequence: A-B, A-B, A-A-A

PART - A: 64 counts:

TOE STRUTS X4

1-2-3-4 Step R toe forward, heel down, step L toe forward, heel down
5-6-7-8 Step R toe forward, heel down, step L toe forward, heel down

HIP BUMP HOLD X4

1-2-3-4 Step R to R and bump hip R, hold, step L in place and bump hip R, hold
5-6-7-8 Step R in place and bump hip R, hold, step L in place and bump hip R, hold

SWIVEL X3, CLAP, OUT, OUT, HOLD X2

1-2-3-4 Swivel both heels R, swivel both toes R, swivel both heels R, clap (weight on L)
5-6-7-8 Step R to R, step L to L, hold, hold

TOE STRUTS BACK X2, WALK BACK X3, CLOSE

1-2-3-4 Step R toe back, heel down, step L toe back, heel down
5-6-7-8 Step R back, step L back, step R back, step L beside R

OUT HOLD X2, HIP BUMP HOLD X2

1-2-3-4 Step R slightly forward out to R, hold, step L to L, hold
5-6-7-8 Bump hip to R, bump hip to L, hold, hold

HIP BUMP X2, HIP ROLL

1-2 Bump hip to R, bump hip to R
3-4-7-8 Hip roll to L counterclockwise 6 counts (weight ends on L)

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, HOLD

1-2-3-4 Step R to R, step L beside R, step R to R, touch L beside R
5-6-7-8 Step L to L, step R beside L, step L to L, hold

WALK IN CIRCLE TO LEFT

1-2-3-4 ¼ turn L and step R forward, hold, ¼ turn L and step L forward, hold
5-6-7-8 ¼ turn L and step R forward, hold, ¼ turn L and step L forward, hold

PART - B: 56 counts:

STEP LOCK STEP SCUFF X2

1-2-3-4 Step R forward, lock step L behind R, step R forward, scuff L beside R
5-6-7-8 Step L forward, lock step R behind L, step L forward, scuff R beside L

STEP HOLD 1/2 TURN HOLD X2

1-2-3-4 Step R forward, hold, ½ turn L and step L in place
5-6-7-8 Step R forward, hold, ½ turn L and step L in place

SIDE, BEHIND, ¼ TURN, STEP, ½ TURN, ¼ TURN SIDE, BEHIND, SIDE

1-2-3-4 Step R to R, step L behind R, ¼ turn R and step R forward, step L forward
5-6-7-8 ½ turn R and step R in place, ¼ turn R and step L to L, step R behind L, step L to L

TOE STRUT JAZZ BOX ½ TURN RIGHT

1-2-3-4 Step R toe across L, heel down, $\frac{1}{4}$ turn R and step L toe back, heel down
5-6-7-8 Step R toe to R, heel down, $\frac{1}{4}$ turn R and step L toe forward, heel down

STEP HOLD 1/2 TURN HOLD X2

1-2-3-4 Step R forward, hold, $\frac{1}{2}$ turn L and step L in place, hold
5-6-7-8 Step R forward, hold, $\frac{1}{2}$ turn L and step L in place, hold

SIDE, BEHIND, $\frac{1}{4}$ TURN, STEP, $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN SIDE, BEHIND, SIDE

1-2-3-4 Step R to R, step L behind R, $\frac{1}{4}$ turn R and step R forward, step L forward
5-6-7-8 $\frac{1}{2}$ turn R and step R in place, $\frac{1}{4}$ turn R and step L to L, step R behind L, step L to L

TOE STRUT JAZZ BOX $\frac{1}{2}$ TURN RIGHT

1-2-3-4 Step R toe across L, heel down, $\frac{1}{4}$ turn R and step L toe back, heel down
5-6-7-8 Step R toe to R, heel down, $\frac{1}{4}$ turn R and step L toe forward, heel down

REPEAT

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