

# Crystallise

拍数: 32      墙数: 4      级数: Improver  
编舞者: Shaz Walton (UK) - March 2014  
音乐: Let It Go - Demi Lovato



Count in : 26 counts

**Intro: Night Club (Slow) 60 counts**

**Basic night club right. Side rock. Recover. Cross rock. Recover. Basic night club left. ¼. Step. ½ pivot.**

1-2&      Step right to right side. Cross step left behind right. Cross step right over left.  
3&4&      Rock left to left side. Recover on right. Cross rock left over right. Recover on right  
5-6&      Step left to left side. Cross step right behind left. Cross step left over right.  
7-8&      Step right ¼ turn right. Step forward left. Make ½ right.

**Repeat the last 8 counts – mirror image - slight change**

**Basic night club left. Side rock. Recover. Cross rock. Recover. Side. Behind ¼. Step. ½ pivot.**

1-2&      Step left to left side. Cross step right behind left. Cross step left over right.  
3&4&      Rock right to right side. Recover on left. Cross rock right over left. Recover on left.  
5-6&      Step right to right side. Cross step left behind right. Make ¼ turn right stepping right forward.  
7-8      Step left forward. Make half pivot turn right.

**Walk. Walk. Mambo step. Back/sweep. Back/sweep. Coaster step.**

1-2      Walk forward with left. Walk forward with right. \*\*end of A.. see below\*\*  
3&4      Rock forward left. Recover on right. Step slightly back on left. (Start sweeping right from front to back.  
5-6      Step back right as you sweep left from front to back. Step back left as you sweep right from front to back.  
7-8      Step back right. Step back left. Step forward right.

**Step. Step. ½ pivot. Rock/lunge recover. Sway x 4**

1-2&      Step forward left. Step forward right. Make ½ turn left.  
3-4      Rock or lunge forward on right. Recover on left.  
5-6-7-8      Step right to right & sway R-L-R-L

**Repeat until count... 16 & do the following .**

**Walk L-R. Step. 1.2 pivot. Step. Touch.**

1-2      Walk forward with left. Walk forward with right  
3&4&      Step forward left. Make ½ turn right. Step forward left. Touch right beside left.

**Main dance – 4 walls- 32 counts**

**Drag. Hold. Rock back. Recover. Side Touch. Side. Touch.**

1-2      Step right a BIG step to right, dragging left towards right.  
3-4      Rock back left. Recover on right  
5-6      Step left to left side. Touch right beside left.  
7-8      Step right to right side. Touch left beside right.

**Drag. Hold. Rock back. Recover. Scuff. Step. Stomp. Stomp.**

1-2      Step right a BIG step to left, dragging right towards left.  
3-4      Rock back right. Recover on left  
5-6      Scuff right forward. Step right forward.  
7-8      Stomp left. Stomp right

**Rock. Recover. Shuffle back. Rock back. Recover. Walk walk.**

- 1-2 Rock forward left. Recover right.
- 3&4 Step back left. step right beside left. Step back left.
- 5-6 Rock back on right. Recover on left.
- 7-8 Walk forward right. Walk forward left. (Or full turn right)

**Step. 1/8 . Step.1/8. (With optional hip rolls) Jazz box.**

- 1-2 Step forward on right make 1/8 turn left. (Roll your hip)
- 3-4 Step forward on right make 1/8 turn left. (Roll your hips)
- 5-6 Cross step right over left. Step back left.
- 7-8 Step right to right side. Step left forward.

**TAG.... wall 9 facing 12 O clock bump hips RLRL- or do whatever you want - then start again from beginning**

**Contact: Shaz5678@sky.com - 07762410190**

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