

Meisie Meisie

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Audrey Watson (SCO) - March 2014
音乐: Meisie Meisie - Kurt Darren : (iTunes)



Intro 32 Counts BPM:120

Section One: Touch Kick, Back Coaster Step, Shuffle Fwd, Stomp Clap Clap.

1-2 Touch right toe next left foot, kick right foot fwd.
3&4 Step back on right, step left next right, step fwd on right.
5&6 Step fwd on left, step right next left, step fwd on left.
7&8 Stomp right foot fwd, clap hands twice.

Section Two: ½ Turn, Left Sailor, Right Sailor, Shuffle Fwd.

1-2 Turn ¼ right stepping left to left side, turn ¼ right stepping right to right side.
3&4 Cross left behind right, step right to right side, step left to left side.
5&6 Cross right behind left, step left to left side, step right to right side.
7&8 Step fwd on left, step right next left, step fwd on left.

Section Three: Cross Rock, Chasse ¼ Turn, Fwd Rock, Jump Back Clap Clap.

1-2 Cross rock right over left, recover weight back on left.
3&4 Step right to right side, close left next right, turn ¼ right stepping fwd on right.
5-6 Rock fwd on left, recover back on right.
&7 Shoulder width apart jump back left, right.
&8 Clap hands twice.

Section Four: Fwd Rock, ½ Turn Shuffle, Step, Kick Ball Step, Stomp.

1-2 Rock fwd on left, recover back on right.
3&4 Turn ½ left shuffle fwd on left, right, left.
5 Step fwd on right.
6&7 Kick left foot fwd, step down on ball of left, step fwd on right.
8 Stomp fwd on left.

Tag: to be added at the end of walls 2,6 & 9.

Rocking Chair

1-2 Rock fwd on right, recover back on left.
3-4 Rock back on right, recover fwd on left.

Last Update - 18th March 2014