

Lean On You

拍数: 64 墙数: 4 级数: Beginner - Bossa Nova
编舞者: Sally Hung (TW) - March 2014
音乐: Chien Yin by Miao-Hua Teng



Sequence of dance: Restart on wall 4 after finishing S5 (facing 9:00)
Start to dance on vocals (approx 31 seconds)

S1. SIDE TOUCH, SIDE TOUCH, SIDE TOGETHER SIDE KICK

1,2,3,4 Step R to side, touch L beside R, step L to side, touch R beside L
5,6,7,8 Step R to side, step L together, step R to side, kick L diagonally fwd

S2. SIDE TOUCH, SIDE TOUCH, SIDE TOGETHER SIDE KICK

1,2,3,4 Step L to side, touch R beside L, step R to side, touch L beside R
5,6,7,8 Step L to side, step R together, step L to side, kick R diagonally fwd

S3. ROCK BACK, RECOVER, SIDE, HOLD, ROCK BACK, RECOVER, SIDE, TOUCH

1,2,3,4 Rock R back behind L, recover onto L, step R to R side, hold
5,6,7,8 Rock L back behind R, recover onto R, step L to L side, touch R beside L

S4. RHUMBA BOX

1,2,3,4 Step R to R side, step L together, step R back, touch L beside R
5,6,7,8 Step L to L side, step R together, step L fwd, touch R beside L

S5. WALK FWD R,L,R, KICK, WALK BACK L,R,L, KICK

1,2,3,4 Walk fwd on R,L,R, kick L diagonally fwd
5,6,7,8 Walk back on L,R,L, kick R diagonally fwd

S6. ROCK BACK, RECOVER, ½ TURN L, HOLD, ROCK BACK, RECOVER, ½ TURN R, HOLD

1,2,3,4 Rock back on R, recover onto L, ½ turn L stepping R fwd, hold
5,6,7,8 Rock back on L, recover onto R, ½ turn R stepping L fwd, hold

S7. SIDE ROCK, RECOVER, CROSS, HOLD, SIDE ROCK RECOVER, CROSS, HOLD

1,2,3,4 Rock R to side, recover onto L, cross step R over L, hold
5,6,7,8 Rock L to side, recover onto R, cross step L over R, hold

S8. JAZZ BOX TURNING ¼ R, ROCKING CHAIR

1,2,3,4 Cross step R over L, step L back turning ¼ R, step R to R side, cross step L over R
5,6,7,8 Rock R fwd, recover on L, rock back on R, recover on L

Have Fun & Enjoy this beautiful Chinese song!

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