

# 5:19 (Five Nineteen)

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4  
编舞者: Betsy Courant (USA) - March 2014  
音乐: 5:19 - Matt Wertz



(Dance starts on lyrics)

## WALK FORWARD R L, R MAMBO STEP, WALK BACK L R (or full turn traveling back), L COASTER STEP

1-2      Walk forward Right, Left  
3&4      Rock forward Right, recover Left, step back Right  
5-6      Walk back Left, Right (OPTIONAL: ½ turn left step forward Left, ½ turn left step back Right)  
7&8      Step back Left, step Right next to Left, step forward Left

## R ROCK, L RECOVER, R ¼ SAILOR STEP, STEP 1/2, ROCK FWD, RECOVER, BACK

1-2      Rock Right to right side, recover Left  
3&4      Cross Right behind Left, make ¼ turn right stepping Left next to Right, step Right to right side [3:00]  
5-6      Step forward Left, make ½ turn right and step forward on Right [9:00]  
7&8      Rock forward Left (7), recover Right (&), rock back Left (8)\*\*

**\*\* (Restart here on Wall 3)**

## RECOVER R, STEP L SPIRAL, RIGHT SHUFFLE, ROCK, RECOVER, BACK LOCK STEP

&1-2      Recover Right, step forward Left and make full spiral turn right (weight on Left)  
3&4      Shuffle forward Right, Left, Right  
5-6      Rock forward Left, recover Right  
7&8      Step back Left, cross Right over Left, step back Left

## R BACK, L TOUCH, ½ TURN, ½ TURN, L TOUCH, ½ TURN, R STEP, ROCK, RECOVER, BEHIND, SIDE, CROSS

&1-2      Step back Right, touch back Left, ½ turn left step forward Left [3:00]  
&3-4      ½ turn left step back Right, touch back Left, ½ turn left step forward Left  
&5-6      Step Right next to Left, rock forward Left, recover Right  
7&8      Step Left behind Right, step Right to right side, cross Left slightly over Right [3:00]

**TAG (end of Walls 1 & 4):**

## ROCK, RECOVER, BEHIND, SIDE, CROSS (2X)

1 - 4      Rock Right to right side, recover Left, step Right behind Left, step Left to left side, cross Right over Left  
5 - 8      Rock Left to left side, recover Right, step Left behind Right, step Right to right side, cross Left slightly over Right

**\*\*RESTART ON WALL 3 AFTER COUNT 16**

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