

# Impossible Heart

COPPER KNOB  
STEPSHEETS

拍数: 64                      墙数: 4                      级数: Intermediate  
编舞者: Mike Hitchen (UK) - March 2014  
音乐: Impossible Heart - Paloma Faith : (Album: A Perfect Contradiction - iTunes)



**Note: There are 2 Restarts - Wall: 2, Wall: 5, Both After 32 counts On Same Wall**

**16 count intro start on vocals, Note 6 0 clock wall only danced once**

## **Step Lock, Step Lock Step Rock Step, 1/4 Chasse Left**

1-2                      Step right forward, Lock left behind right.  
3&4                     Step right forward, Lock left behind right, Step right forward.  
5-6                     Rock left forward, Recover to right.  
7&8                     Step left 1/4 turn left, Step right together, Step left to side

## **Cross Right Over Left, 1/4 Turn Right, 1/4 Turn Chasse, Cross Rock, 2 X 1/4 Turns Left.**

1-2                     Cross right over left, Turn 1/4 turn right Stepping left back.  
3&4                     Step right 1/4 turn right, Step left together, Step right to side.  
5-6                     Cross rock left over right, Recover right.  
7&8                     Step left 1/4 turn left, Step right 1/4 turn left.

## **Step left back, Sweep Right, Sweep left, Left Sailor Right Sailor.**

1-2                     Step left back, Sweep right,  
3-4                     Step right back, Sweep left,  
5&6                     Step left behind right, Step right to side. Step left to side.  
7&8                     Step right behind left, Step left to side, Step right to side.

## **Jazz Box 1/4 Turn Left, Side Rock Cross Shuffle.**

1-2                     Cross left over right, Turn 1/4 turn left Stepping right back.  
3-4                     Step left to side, Cross right over left.  
5-6                     Rock left to side, Recover to right.  
7&8                     Cross left over right, Step right to side, Cross left over right. ( Restart here)

## **3/4 Turn Left, Right Shuffle, Rock Step, Shuffle 1/2 Turn.**

1-2                     Turn 1/4 turn left stepping right back, Turn 1/2 turn left stepping left forward.  
3&4                     Step right forward, Step left together, Step right forward.  
5-6                     Rock forward on left, Recover to right.  
7&8                     Step left 1/4 turn left, Step right together, Step left 1/4 turn left.

## **Turn Touch, Step Touch, Coaster Step, Walk Walk.**

1-2                     Step right forward 1/4 turn left, Touch left beside right.  
3-4                     Step left to side, Touch right beside left  
5&6                     Step right back, Step left together, Step right forward.  
7-8                     walk forward left, Walk forward right.

## **Rock Step, Shuffle 1/2 Turn Left, 3/4 Triple Turn left, Coaster Step.**

1-2                     Rock forward on left, Recover to right.  
3&4                     Step left 1/4 turn left, Step right together, Step left 1/4 turn left.  
5&6                     3/4 Triple turn left on the spot RLR.  
7&8                     Step left back, Step right together, Step left forward.

## **2 X Toe Struts, kick and touch, kick and touch**

1-2                     Touch right toe forward, Step down on heel.

3-4 Touch left toe forward, Step down on heel.  
5&6 Kick right forward. Step on right, Touch left to side.  
7&8 kick left forward, Step on left, Touch right to side.

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