Crying For No Reason

拍数: 64

级数: Advanced

编舞者: Maggie Gallagher (UK) - February 2014

音乐: Crying for No Reason - Katy B

16 Counts (just before vocals). On the first two walls there is no beat, dance through and the beat will kick in on wall 3

S1: STEP. ROCK. ROCK. BACK CROSS BACK. DRAG & WALK

- 1-2-3 On slight right diagonal step forward right, Rock forward on left, Recover on right [1:30]
- 4&5-6 Step back on left, Cross right over left, Big step back on left, Drag right to meet left
- &7 Step right next to left, Walk forward on left

S2: R LOCK STEP, STEP, ½ PIVOT, CROSS ¼, ½, ¼ SWAY R, SWAY L, BACK

- 8&1 Step forward right, Lock left behind right, Step forward right [still at 1:30]
- 2-3 Step forward left, 1/2 pivot right [7:30]
- 4& Cross left over right opening body to straighten up to 6:00, ¼ left stepping back right [3:00]
- 5-6 $\frac{1}{2}$ left stepping forward on left [9:00], $\frac{1}{4}$ left swaying right to right side [6:00]
- 7-8 Sway left to left side, Small step back right

S3: CROSS BACK FWD, WALK R, L, ANCHOR STEP, BACK L, BACK R

- Cross left over right, Step back on right, Step slightly forward on left 1&2
- 3-4 Walk forward right, Walk forward left
- 5&6 Lock right behind left, Step left in place, step back on right
- 7-8 Walk back left, Walk back right

S4: L COASTER, ¼ SWEEP, CROSS OUT OUT, STEP, ½ SWEEP, CROSS

- Step back on left, Step right next to left, Step forward left 1&2
- 1/2 left ronde sweep right foot round, Cross right over left, Step out to left, Step out on right 3-4&5 [3.00]
- 6-7 Step forward left, 1/2 left ronde sweep right toe round
- Cross right over left [9.00] 8

S5: L LUNGE, BEHIND SIDE CROSS, R LUNGE, BEHIND 14, 14

- 1-2 On left diagonal press and lunge forward on left, Recover on right
- 3&4 Cross left behind right, Step right to right side, Cross left over right
- 5-6 On right diagonal press and lunge forward on right, Recover on left
- Cross right behind left, 1/4 left stepping on left, 1/4 left stepping to right side [3.00] 7&8

S6: BEHIND ¼ ¼, ROCK BACK, SIDE TOGETHER, R CHASSE

- Cross left behind right, 1/4 right stepping forward on right, 1/4 right stepping out to left side 1&2 [9.00]
- 3-4 Rock back on right, Recover on left
- 5-6 Step right to right side. Step left next to right
- 7&8 Step right to right side, Step left next to right, Step right to right side

S7: BUMP, BUMP, STEP TURN STEP, WALK R, L, 1/4, CROSS

- 1-2 Bump back on left popping right knee, Bump forward on right popping left knee
- 3&4 Step forward left, 1/2 pivot right, Step forward left [3.00]
- 5-6 Walk right, Walk left
- 1/4 pivot right, Cross left over right [6:00] *Restart Walls 2,4,6 7-8

S8: KICK BALL CROSS, SIDE, DRAG BALL CROSS, SIDE ROCK/REC CROSS, SIDE TOGETHER





墙数:2

- 1&2 Kick right forward, Step right next to left, Cross left over right
- 3-4 Big step to right side, Drag left to meet right
- &5 Step on to ball of left, Cross right over left,
- 6&7 Rock out to left, Recover on right, Cross left over right
- 8& Step right to right side, Step left next to right

*RESTARTS: At the end of Walls 2,4 & 6 drop the last 8 counts (S8). All Restarts are facing 12:00

Contact: www.maggieg.co.uk

Last Update - 14th March 2014