

Drunken Sailor

拍数: 32 墙数: 1 级数: Beginner - Contra or Line
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音乐: Drunken Sailor - The Irish Rovers



Start position : 2 lines face to face (on lines or in circle)
Intro : 8 counts

[1-8] SIDE TRIPLE STEP, STEP FWD, HEELS TWIST

Join the palms of hand on each side shoulder-high

1&2 Triple step right - left - right to the right side
3 Left ball just fwd right foot
&4 Swivel both heels OUT, recover both heels IN
5&6 Triple step left – right – left to the left side
7 Right ball just fwd left foot
&8 Swivel both heels OUT, recover both heels IN

[9-16] HEEL SWITCH, CLAPS, GALLOP FULL TURN RIGHT

1&2 Touch right heel fwd, recover on right, touch left heel fwd
&3 Recover on left, Touch right heel fwd
&4 Clap Clap
5&6&7&8 Make a full turn right in place stepping right – left – right...right

Put hands on hips for the counts 5 to 8

[17-24] HEEL SWITCH, CLAPS, GALLOP FULL TURN LEFT

1&2 Touch left heel fwd, recover on left, Touch right heel fwd
&3 Recover on right, Touch left heel fwd
&4 Clap Clap
5&6&7&8 Make a full turn left in place stepping left – right – leftleft

Put hands on hips for the counts 5 to 8

[25-32] TRIPLE STEP X 4 (FWD, 1/2 TURNING RIGHT, 1/2 TURNING RIGHT, BACK)

1&2 Triple step right – left – right fwd (and join right palm with dancer line opposite, left hand on hip)
3&4 Triple step left – right – left in place ½ turning right turning around your partner (straight palms still attached)
5&6 Triple step right – left – right in place ½ turning right turning around your partner (straight palms still attached)
7&8 Triple step left – right – left backward to regain his starting place (Join the palms of hand on each side shoulder-high)

Can also dance in Mixer : make the last triple step diagonally left back to change partner

Start again and enjoy !