

Bottoms Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Amy Christian (USA) - March 2014
音乐: Bottoms Up - Brantley Gilbert



Intro: 16 counts. Start on Lyrics. - Start by standing with feet apart. Weight centered.

R HAND UP, L HAND UP, TWIST, TWIST, BODY ROLL or hip Bump, KICKBALL, ROCK, RECOVER, L COASTER STEP,

1& Bring R hand up to right side, in a fist, elbow bent, L hand follows,
2& Twist heels left, Twist heels back in place,
3-4 Fwd Body Roll or CCW Hip roll, (weight ends on L. Drop your hands after the Roll),
5&6& Kick R fwd, step on ball of R, Rock fwd on L, Recover on R,
7&8 L Coaster Step,

CHASE, TOUCH OUT, CROSS, TOUCH OUT, TOUCH IN, HITCH, OUT, OUT, TWIST, TWIST,

1&2 Step fwd on R, Pivot ½ turn left, Step fwd on R, (Chase)
3-4 Touch L out to left side, Cross L over R,
5& Touch R out to R side, Touch R fwd,
6&7 Hitch R, Step R out to right side, Step L out to left side,
&8 Twist both heel left, twist both heels back in place, (weight on R),

(*Restart happen here on Wall 3)

BASIC NC2, KICK, BACK, TOGETHER, SIDE, RECOVER, WEAVE,

1-2& Big step to left on L, Rock back on R, Recover on L,
3&4 Kick R fwd, Big step back on R, Step L next to R,
5& Rock out to right side on R, Recover on L,
6&7&8 (Weave to left,) Cross R over L, L to left side, R behind L, L to left side, Cross R over L,

PIVOT 1/8, BIG STEP DIAGONALLY FWD, TOUCH, BACK, COASTER STEP, FWD, BEHIND, OUT, OUT,

1&2 Rock L to left side, Pivot 1/8 turn right on R [2:00], Big step diagonally fwd on L [2:00],
3-4 Touch R next to L, Step back on R,
5&6 L Coaster step,
&7 Step fwd on R, Step L behind R, (Option – ½ turn left stepping R back [7:00], ½ turn left, stepping L fwd [2:00])
&8 Step R out to R side, [6:00] Step L out to L side,

Begin again!

***There is one Restart and it happens on Wall 3. Dance 16 counts of the dance and start over!**

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