

# So Contagious

COPPERKNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Karl-Harry Winson (UK) - March 2014  
音乐: Impossible Heart - Paloma Faith : (Album: A Perfect Contradiction)



## Intro: 16 Counts (Start on Vocals)

### Walks Forward: Right, Left. Rock 1/4 turn Right. Side. Cross Step. 1/4 Turn Left. Left Sailor 1/4 Cross.

- 1 – 2      Walk forward on Right. Walk forward on Left.  
3&4      Rock forward on Right. Recover weight on Left making 1/4 Right. Step Right out to Right side. [3.00]  
5 – 6      Cross Left over Right. Make 1/4 Turn Left stepping Right back. [12.00]  
7&8      Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Cross step Left over Right. [9.00]

### Side Toe Touch. Step Together. Left Monterey 1/4 Turn. Right Kick Ball-Touch. Body Ripple/Dip.

- 1 – 2      Touch Right toe out to Right side. Step Right in place beside Left.  
3 – 4      Touch Left toe out to Left side. Make 1/4 turn Left stepping Left in place beside Right as you turn. [6.00]  
5&6      Kick Right foot forward. Step Right beside Left. Touch Left toe forward.  
7 – 8      Body ripple leading from head down the body, keep weight back on Right foot.

### Alternative movement for counts 7 – 8

- 7 – 8      Dip body by bending knees slightly. Straighten Knees but keep weight back on Right foot.

### Step. 1/2 turn Left. Coaster Step. Cross-Point. Left Samba Step.

- 1 – 2      Step forward on Left. Make 1/2 turn Left stepping back on Right. [12.00]  
3&4      Step back on Left. Step Right beside Left. Step forward on Left.  
5 – 6      Cross Right over Left. Point Left toe out to Left side.  
7&8      Cross Left over Right stepping it slightly forward. Rock Right out to Right side. Recover weight on Left.

### Right Jazz Box 1/4 Cross. Right Side Rock Cross. Left Side Rock Cross. Point.

- 1 – 2      Cross Right over Left. Make 1/4 Right stepping back on Left. [3.00]  
3 – 4      Step Right out to Right side. Cross step Left over Right.  
5&6      Rock Right out to Right side. Recover weight on Left. Cross step Right over Left.  
&7      Rock Left out to Left side. Recover weight on Right.  
&8      Cross step Left over Right. Point Right toe out to Right side. [3.00]

## Start Again!

Contact: [www.karlwinsondance.moonfruit.com](http://www.karlwinsondance.moonfruit.com) - [karlwinsondance@hotmail.com](mailto:karlwinsondance@hotmail.com) or 07792984427